



ASK MONTY



Wednesday October 8, 2014

Greetings!

Why do some perfectly trained and cooperative horses spook? What can you do to help them relax? This is the topic of Monty's question and answer column this week. Have a read!

If you've been following Monty's journey to India with The Brooke and would like to support his non-profit's efforts, you can now help Join-Up International through eBay! Click the button below to find out how:



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Monty's Principles

Discovering The Brooke's Work

Dear Monty,
Thank you for bringing The Brooke to our attention via your weekly newsletter. I've always known that there are suffering equines all over the world, but your visit to India really touched a nerve. I realized the immense toll it must take on you to witness the horrors these poor animals must endure. I and the horse world thank you for all you do to help make the world a better place for equines and people, too.

But, the reality is that because of your status, you're able to facilitate greater change than had you never gone to India. Because of you, I now know about The Brooke and can help spread the word on the amazing work they're doing. You

cannot be told enough how wonderful of a man you are and how inspirational you've been for so many. THANK YOU, Monty!! You're truly a man of your word!

My sincerest appreciation,
Dorine Remillard
Auburn, NH

MONTY ANSWERS

Question:

I have met with you twice in the past and visited your farm while we were visiting California (from Ajax, ON Canada). Wonderful facility!

Just a question. I have a 9 yr old Andalusian who was unriden till 7 years old.

He is very smart and learns very quickly. I have taught him Spanish Walk, moves laterally easily, shakes his head on command...touches objects, walks trots, canters...and steers, stops, turns and Spanish Walks when I rode him with a rope around his neck (no use of reins) first time trying it.

He becomes highly alert at the far end of the arena and often spooks at the slightest sound such as scratching of birds feet on the rafters, slightly blown creaking door...(or nothing).

I walk him by the area quietly, sometimes stop and rest in that area...ride him around pylons in the area...but he refuses to "Give it Up". He may pass quietly a few times ..then a spook!

Any ideas? He is worse passing to the right of door. Now he has decided the end wall mirror going to the left is "scarey" and he has no fear of that at all usually!

Cheers,

Amanda Burden

Answer:

In cases such as this, I have found that we need to create a feeling within the horse that this is a safe place, a little like their own stable. In order to accomplish that I have discovered that we can usually find a way to safely and conveniently tie the horse in the area of concern. This might be done after hours or before hours, in order to not inconvenience other horses or riders. If digging is a problem for the footing, one might have to put down some rubber mats to protect the soil. The tying sessions should be for an hour or two so that relaxation and acceptance has a chance to set in before returning to the stable.

-Monty

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

THIS WEEK ON EQUUS ONLINE...





REWARD AND REVERSE:
REVERSE IS IMPERATIVE



What's the latest training protocol in Monty's tool kit? He calls it, 'reward and reverse'. Find out more in this week's video lesson on [Equus Online University!](http://www.montyrobertsuniversity.com)



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: www.facebook.com/MontyRoberts

October 10, 2014	Easton College , Norwich, Norfolk, NR9 5DX	UK
October 16, 2014	Arena UK , Allington, Lincolnshire, NG32 2EF	UK
October 18, 2014	Myerscough College , Preston, Lancashire, PR3 0RY	UK
October 22, 2014	The Grange , Okehampton, Devon, EX20 3DA	UK
October 24, 2014	Hartpury College , Gloucester, GL19 3BE	UK
October 30, 2014	Greenlands EC , Wreay, Carlisle, Cumbria CA4 0RR	UK
November 1, 2014	Gleneagles , Auchterarder, Perthshire, PH3 1NF	UK
November 8, 2014	Hessisches Landgestüt , Dillenburg	DE
November 15, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE
December 1-5, 2014	Monty's Special Training at Flag Is Up Farms in English and Portuguese. Contact admin@montyroberts.com for more info	USA
March 14, 2015	Monty demonstration at Camp Verde in Arizona. Click here!	USA

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

I am just emailing you to inquire on your Join-Up concept that I did with my young Arabian mare at home. I watched some of your videos on Join-Up and decided I would give it a go with my horse because I am really interested in natural horsemanship and creating that bond with my horse that I see in your videos and clinics.

However I don't have a round yard at my house and so I decided I would do it in our large 10 acre paddock full of cows and other horses. I didn't know if it would work, especially seeing as I hadn't ridden or interacted with my horse much lately due to school requirements and also because we haven't done anything like this before so I didn't know if she would understand what I was trying to do, what with my lack of understanding of natural horsemanship so far.

But it did work. I chased after her without even a rope and she took off but instead of bolting to the opposite side of the paddock like I thought she would, she stayed circling around me in a really prancey/dancey way. Then after five minutes she stopped and faced me and



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

ACTHA: Save a Horse - Host a Ride

HORSEPOWER

Defined as the UNIT OF POWER in the English system of measurement

Throughout history, the domestic horse has been with us every step of the way. Their efforts have been spent in our behalf building bridges and railroads, in construction and agriculture. They have hauled out of dark, treacherous mines, and carried us into battle. It is to the noble horse that mankind owes a tremendous debt.

teacherous mines, and carried us into battle. It is to the noble horse that mankind owes a tremendous debt, a debt we at ACTHA take very much to heart. While over 100,000 horses stand in rescues waiting for a job, a partner, we cannot rest. These are not sickly or crippled soldiers, the vast majority are sound, able bodied horses desperate for work and the care of a human.

But what can YOU do?

We've been perfecting, testing, growing and improving literally night and day for this moment. We are ready for you. Now.

Earn money by hosting a ride. Many of our hosts earn \$1,000 to \$4,000 for a weekend of entertaining trail riders.

ACTHA will supply you with at least 100 known riders within 50 miles of any site in America you choose. We have the contacts. You can count on a successful event by calling each of them well prior to your ride date. There is no upfront cost to host an event. ACTHA provides insurance and web support as well as most administrative functions. We are with you every step of the way and after!

Yes, I'm Ready!

"Yes, I am ready to join the 1,000 plus ACTHA Ride Hosts whose efforts help employ horses and empty rescues. Count me in!"

Now Playing: Youth Coach Hannah Campbell Zapletal, Denise Heinlein on Ground Manners, Sheila Varian Trainer's Tip



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Youth Coach Hannah Campbell Zapletal, Denise Heinlein on Ground Manners, and Sheila Varian with a Trainer's Tip

The future of good horsemanship is being shaped by our three guests, having influenced thousands of riders, owners and breeders. Hannah Campbell Zapletal has taught over 3500 youth in the Southeast United States. Denise Heinlein, who has trained horses in five countries, is a talented rider who stresses ground manners for building good relationships with your horse. Cowgirl Hall of Famer Sheila Varian is a legend Arabian breeder.

Listen in...

<http://www.horsemanshipradio.com/2014/09/30/horsemanship-radio-episode-25-by-index-fund-advisors-ifa-com-youth-coach-hannah-campbell-zapletal-denise-heinlein-on-ground-manners-sheila-varian-trainers-tip/>

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Brought to you by Index Fund Advisors, www.IFA.com

CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on:
<http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product

drew herself up and snorted really loud at me and I turned and jogged off and she followed me around the paddock.

It was the most magical and amazing thing I had ever felt in my life.

I guess my question is, how come it worked so well in the paddock? Why did she stay around me in a circle of probably a diameter of 30m? She listened to my every command, as soon as I took the tiniest step in front of her she immediately turned and bolted the other way. Does the fact that it worked, and so easily too, mean we already have quite a strong bond/partnership developed already? Was she maybe playing with me and understanding what I was trying to teach her?

I am currently doing a school research project on how natural horsemanship has been formed and is trained so that it strengthens and creates bonds between horse and rider. How exactly does Join-Up help that?

If you are able to reply that would mean a great deal to me and would help me a lot. You are of great inspiration to me and I hope to one day have such a great understanding of these magnificent horses.

Thank you and kind regards,
Riley Brooks

Monty's Life Lessons

Enjoy a Free Excerpt
Each Month of Life
Lessons from The Man
Who Listens to Horses

Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

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First month FREE of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

HRTV

See more

<http://www.montyroberts.com/succeed/>

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts



CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Malta. See: www.horseandcountry.tv/monty for more info.

Photo Credits

Christopher Dydyk