



# ASK MONTY



Wednesday October 1, 2014

Greetings!

For the past week, I have been visiting India with a perspective on equine welfare through the lens of The Brooke. As old a cowboy as I am, 80 years old next year, I encountered training methods that I had never imagined.

In this age of immediate communication through the Internet, it is time we SHARE this knowledge, not to condemn, but to change and equip those involved with force-free tools for their horses, donkeys and mules.

Shine your enlightenment and help us educate those who are following the only methods they know. Continue the good work, supporting [my non-profit, www.Join-Up.org](http://www.Join-Up.org), and the work done globally to improve animal welfare by The Brook: <http://www.thebrooke.org/>

Click here for a series of short video clips on my experience in India: <https://www.facebook.com/MontyRoberts>



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## Monty's Principles



### Monty in India

Yesterday we were at the brick kilns to see where the equines and people work, in season. It is nice to receive your messages here, even pledging changes in the methods of respect - for horses and for people, too. This is from a father named Amir:

Dear Mr. Roberts,  
It was a great experience to see you in action in Delhi. We hope to see the videos so please share the link. My daughters Ameera and Ayesha will enjoy this new style of training which fits well with how they view horses and indeed show respect for all animals.  
Kind regards,  
Amir

## Monty's Challenge





Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

#### Next Week's Question:

I have met with you twice in the past and visited your farm while we were visiting California (from Ajax, ON Canada). Wonderful facility! Just a question. I have a 9 yr old Andalusian who was unriden till 7 years old.

He is very smart and learns very quickly. I have taught him Spanish Walk, moves laterally easily, shakes his head on command...touches objects, walks trots, canters...and steers, stops, turns and Spanish Walks when I rode him with a rope around his neck (no use of reins) first time trying it.

He becomes highly alert at the far end of the arena and often spooks at the slightest sound such as scratching of birds feet on the rafters, slightly blown creaking door...(or nothing).

I pre walk him by the area quietly, sometimes stop and rest in that area...ride him around pylons in the area...but he refuses to "Give it Up". He may pass quietly a few times ..then a spook!

Any ideas? He is worse passing to the right of door. Now he has decided the end wall mirror going to the left is "scarey" and he has no fear of that at all usually!

Cheers,  
Amanda Burden



## MONTY ANSWERS

### Question:

I have a new horse and am experiencing something I have never come across. The first few days I just sat in the catch pen letting him settle in and become used to my presence. Then I did Join-Up with him and it seemed to be going well. Then one day he started turning his rump to me and backing up. I've never had a horse in 35 years ever do that. Any ideas of what/why he's doing this? Thank you.

God's Blessings,  
Cheryl K.

### Answer:

The fact that I have not been present during the entire course of the work that you outline, it is not possible for me to know for sure whether or not mistakes were made along the journey that you describe. Hearing the words however tend to tell me that quite possibly you have over-done the Join-Up exercise.

Often times people find that it works well and they have fun with it so they do far too many Join-Ups to the point where it becomes a job for the horse and not a pleasurable experience. I am not saying you have or haven't done this but your words open the door for this to be a possibility.

Having said that I want to point out that this could easily be less important than the next problem I intend to address. If I had been on the scene I might well have noticed that somewhere along the line your horse experimented with turning his tail toward you.

With that, it is possible that you stopped putting pressure on him. This action would be very effective if your goal

## E-News Delivery

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If not, click here:

<http://www.montyroberts.com/category/montys->

was to train your horse to stop and turn his tail toward you. Again, I didn't see it and not have done it. The next step however is to deal with the behavior that we wish to modify.

At this point in time I would look for something that the horse regarded as spooky and not acceptable. This might be the sight of plastic bags on a stick or the sound of something that your horse finds annoying. Stop the discomfort when the horse comes forward and use it when the horse stops and turns his tail.

If you are diligent about observing your horse's behavioral patterns you will identify the proper course of action. If you have ever played the Yes/No game you will quickly understand that one can achieve incredible performance from people or horses alike with the simple use of YES for what we want or NO for what we don't want.

While this is true we simply never suggest that pain be introduced to the scenario. One might achieve the desired results with the crack of a whip across your horse's hips BUT a few sessions like this will almost always wind up with an angry horse, kicking back in a dangerous fashion.

-Monty

[question-and-answ-space/](#)



## Monty's Life Lessons



Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



What's the latest training protocol in Monty's tool kit? He calls it, 'reward and reverse'. Find out more in this week's video lesson on [Equus Online University!](#)



**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel.

More info as to where

The Rural Channel is available: <http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## Horse & Country, UK

Watch Monty Roberts on Horse &

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

October 5, 2014	<a href="#">Merrist Wood College</a> , Guildford, Surrey, GU3 3PE	UK
October 10, 2014	<a href="#">Easton College</a> , Norwich, Norfolk, NR9 5DX	UK
October 16, 2014	<a href="#">Arena UK</a> , Allington, Lincolnshire, NG32 2EF	UK
October 18, 2014	<a href="#">Myerscough College</a> , Preston, Lancashire, PR3 0RY	UK
October 22, 2014	<a href="#">The Grange</a> , Okehampton, Devon, EX20 3DA	UK
October 24, 2014	<a href="#">Hartpury College</a> , Gloucester, GL19 3BE	UK
October 30, 2014	<a href="#">Greenlands EC</a> , Wreay, Carlisle, Cumbria CA4 0RR	UK
November 1, 2014	<a href="#">Gleneagles</a> , Auchterarder, Perthshire, PH3 1NF	UK
November 8, 2014	<a href="#">Hessisches Landgestüt</a> , Dillenburg	DE
November 15, 2014	<a href="#">Gestüt Tannenhof</a> , Heidenrod-Watzelhain (bei Wiesbaden)	DE
December 1-5, 2014	Monty's Special Training at Flag Is Up Farms in English and Portuguese. Contact <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> for more info	USA
March 14, 2015	Monty demonstration at Camp Verde in Arizona. <a href="#">Click here!</a>	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## Now Playing: Youth Coach Hannah Campbell Zapletal, Denise Heinlein on Ground Manners, Sheila Varian Trainer's Tip



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

**Youth Coach Hannah Campbell Zapletal, Denise Heinlein on Ground Manners, and Sheila Varian with a Trainer's Tip**

The future of good horsemanship is being shaped by our three guests, having influenced thousands of riders, owners and breeders. Hannah Campbell Zapletal has taught over 3500 youth in the Southeast United States. Denise Heinlein, who has trained horses in five countries, is a talented rider who stresses ground manners for building good relationships with your horse. Cowgirl Hall of Famer Sheila Varian is a legend Arabian breeder.

Listen in...

<http://www.horsemanshipradio.com/2014/09/30/horsemanship-radio-episode-25-by-index-fund-advisors-ifa-com-youth-coach-hannah-campbell-zapletal-denise-heinlein-on-ground-manners-sheila-varian-trainers-tip/>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com)

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden and Malta. See: [www.horseandcountry.tv/monty](http://www.horseandcountry.tv/monty) for more info.

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness,

performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/succeed/>

## CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

## Photo Credits

**Christopher Dydyk**



Sincerely,  
**Monty Roberts**

