



ASK MONTY

Wednesday September 24, 2014

Greetings!

On the day you receive this email, I will be in India. I was invited there by The Brooke, an animal welfare organization dedicated to improving the lives of working horses, donkeys and mules in some of the world's poorest communities globally. Watch this space for updates on this journey we share to leave the world a better place than we found it, for horses and for people, too.

MONTY ANSWERS

Question:

I am interested in learning more about your relationship to the Brooke Animal Hospital and your work with horse handlers in India. Why are horses important to this group and what do you intend to impart to the people you meet in India?

Monty's Answer:

Horses are flight animals. They can only have two goals in life. One is to reproduce and the other is to survive. They respond to the moment only and have no ability to lie. It is my opinion that this makes their species a perfect study group for better understanding the behavior of human beings. Horses are neophobic, they cannot trust anything that is new to them.

The Brooke [<https://www.thebrooke.org/>] is an international animal welfare organization dedicated to improving the lives of working horses, donkeys and mules in some of the world's poorest communities. I was invited to become their ambassador to advise and help train the care providers who treat and train programs around animal health and well-being across Africa, Asia and Latin America.

The discoveries that I have made and the concepts that I use are imbedded in the DNA of Equus, the flight animal. I have placed the name on their language, simply "Equus, the language of the horse." I now use horses to help troubled people. Currently I'm working heavily with military men and women suffering from post traumatic stress injuries.

The results of this work have been dramatically successful. Other groups include those affected by domestic abuse, child abuse, violence in the work place, law enforcement people and firemen. The past four years has found me working more with humans than as a professional horseman. It is true, however, that I use horses with virtually every group of people that I work with.

In this video, <http://www.wjla.com/articles/2014/09/-horse-whisperer-works-to-heal-veterans-with-ptsd-107398.html>

you can see the work we do to help heal veterans with PTSI: Post Traumatic Stress Injury. For more information about our free Horse Sense and Healing programs, go to www.Join-Up.org.

Watch our website [www.MontyRoberts.com], [Facebook](#) and [Twitter](#) pages for daily updates while I am in India volunteering to help The Brooke with our mutual pursuit of a better life for horses and for people too. This year

The Brooke celebrates 80 years of existence and I am in my 80th year. Our mutual mission statements and paths were destined to align.

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Monty's Principles

Progress from the Join-Up Guatemala Project

by Catherine Cunningham

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

THIS WEEK ON EQUUS ONLINE...





This program is about discovering a life without coercion and aggression, a life enriched through improved communication and trust based relationships.

We had a great new group this past weekend; very enthusiastic and interested. And Silvia Guizzardi, formerly of the Brooke Animal Hospital, was with us and was greatly moved by it all. It was gratifying to see someone with her experience so moved by the program; its authenticity and effectiveness.



We had a variety of ages and one female participant. We also had some family members along and a participant from Group 1 who came to speak to the new group about his experiences who said, "Trust these people. At first I didn't trust but these are good people and this program has helped me in so many ways." That was nice to hear, especially as he was the skeptical one at the beginning.

They all enjoyed their day and we managed three lovely Join-Ups; they just love the Join-Up experience. This program is making such a positive impact in their lives.

See photos and videos on the KTC Facebook page <https://www.facebook.com/ktctraining>

Thanks as always to Judith Gibbons, Leslie Paiz, Raulito Pineda and Marco Montufar. Also thanks to Rafa Grajeda who took great photos and some videos too and Marivel Corazón for organizing the snacks and helping out in general.



Watch Monty use a line to load the horse in a trailer in this week's video lesson on Equus Online University!



Not a student yet? Click on: www.montyrobertsuniversity.com and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: www.facebook.com/MontyRoberts

October 5, 2014	Merrist Wood College , Guildford, Surrey, GU3 3PE	UK
October 10, 2014	Easton College , Norwich, Norfolk, NR9 5DX	UK
October 16, 2014	Arena UK , Allington, Lincolnshire, NG32 2EF	UK
October 18, 2014	Myerscough College , Preston, Lancashire, PR3 0RY	UK
October 22, 2014	The Grange , Okehampton, Devon, EX20 3DA	UK
October 24, 2014	Hartpury College , Gloucester, GL19 3BE	UK
October 30, 2014	Greenlands EC , Wreay, Carlisle, Cumbria CA4 0RR	UK
November 1, 2014	Gleneagles , Auchterarder, Perthshire, PH3 1NF	UK
November 8, 2014	Hessisches Landgestüt , Dillenburg	DE
November 15, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE
December 1-5, 2014	Monty's Special Training at Flag Is Up Farms in English and Portuguese. Contact admin@montyroberts.com for more info	USA
March 14, 2015	Monty demonstration at Camp Verde in Arizona. Click here!	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Stables by Design



[The HorsemanSHIP Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Champion non-pro Shannon McCarty and Healthy Stables by Design John Blackburn. Dr. Andrew McLean's Trainers Tip

Non-Pro reiner Shannon McCarty shares about her recent wins at the National Stock Horse Association Derby on Hick Oleana taking home the Non-Pro, Intermediate Non-Pro and Novice Non-Pro at the Reined Cow Horse Futurity. And author of Healthy Stables by Design, John Blackburn, shares how we can give our horses more choices in their environment while sheltering and protecting them. Dr. Andrew McLean discusses Overshadowing.

Listen in...

<http://www.horsemanSHIPradio.com/2014/09/15/horsemanSHIP-radio-episode-24-by-index-fund-advisors-ifa-com-reiner-shannon-mccarty-and-healthy-stables-by-design-john-blackburn/>

[Click here to bookmark the HorsemanSHIP Radio episodes on iTunes.](#)

[Click here to bookmark the HorsemanSHIP Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, www.IFA.com



Monty's Challenge



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

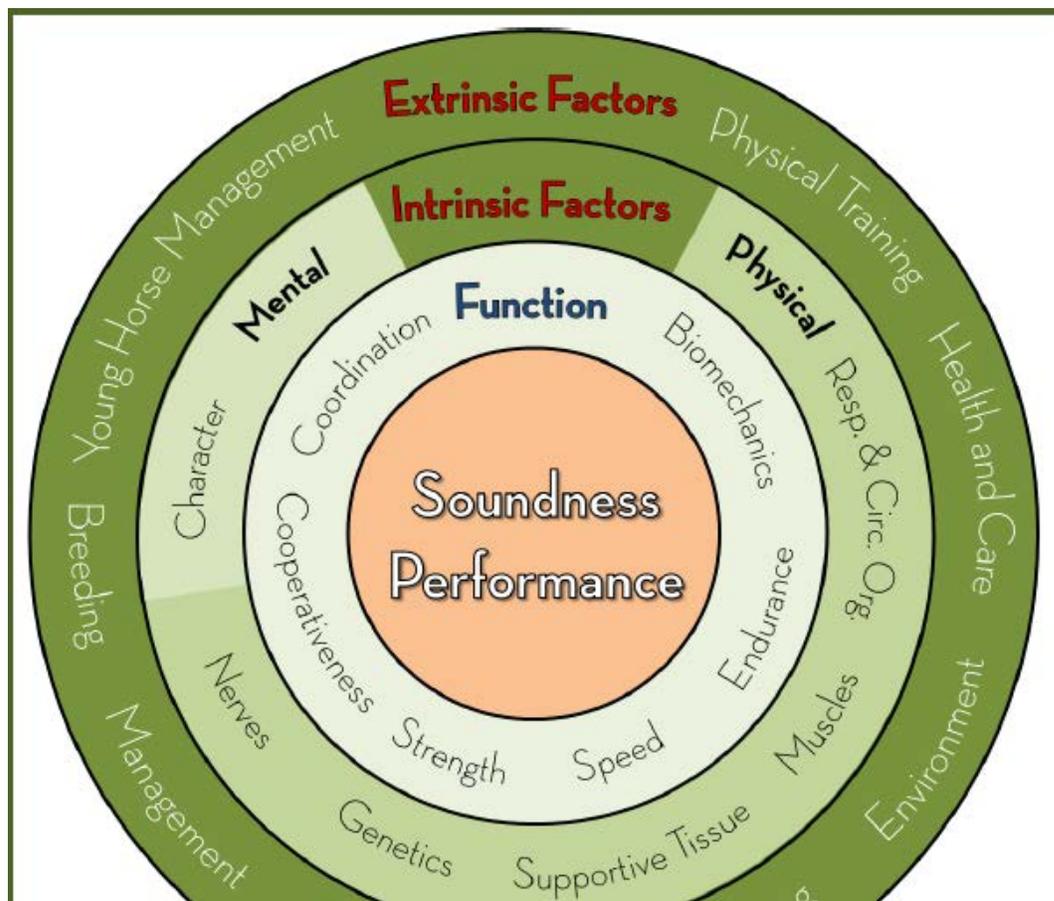
~ Monty

Next Week's Question:

I have a new horse and am experiencing something I have never come across. The first few days I just sat in the catch pen letting him settle in and become used to my presence. Then I did Join-Up with him and it seemed to be going well. Then one day he started turning his rump to me and backing up. I've never had a horse in 35 years ever do that. Any ideas of what/why he's doing this? Thank you.

God's Blessings,
Cheryl Kelley

Riding Surfaces Studied by the Swedish Equestrian Federation



Monty's Life Lessons



Enjoy a Free Excerpt
Each Month of Life
Lessons from The Man
Who Listens to Horses

Figure 1: Key factors influencing soundness and performance.

The Swedish Equestrian Federation produced a 130 page reference guide for riding surfaces. Ad-visors included representatives of equestrian sport, riding schools and the Equestrian Federation, equine veterinary scientists from the Swedish University of Agricultural Sciences, and specialists with extensive practical experience of riding arena construction.

Traditionally, advice on the construction of riding arena surfaces have been based on experience and personal opinion, which can be subjective and lacking scientific testing. In recent years this has changed, as research methods and equipment have been developed by scientists. This has allowed testing and analysis of riding surface properties, and their effects on the horse to be quantified.

While this scientific work is still ongoing, their intent for the guide is to share current scientific data that applies to equestrian surfaces, in combination with practical know-how from experienced arena specialists. The FEI decided to finance a translation to English. The English version was reviewed by an international panel of leading biomechanics and equine surface researchers from the United States and the United Kingdom.

To see the guide, click here: <http://www.fei.org/news/world%E2%80%99s-most-extensive-equine-surfaces-study-published>

Monty produced a series on arena surfaces in video format for his Equus Online University. For more information on that, see FOOTING here <http://www.montyrobertsuniversity.com/training/2031188891>

E-News Delivery

Do you receive this FREE letter with Monty's Question and Answer weekly?

If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



CORIGEM: Honey Power



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."
- Monty Roberts.

Read more on:

<http://www.montyroberts.com/corigem/>

SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more

<http://www.montyroberts.com/succeed/>

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans!
First month FREE of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:

<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel www.facebook.com/theruralchannel

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden

and Malta. See:

www.horseandcountry.tv/monty for more info.

Photo Credits

Christopher Durbak

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

