



# ASK MONTY

Wednesday September 17, 2014

Greetings!

Monty answers the question of whether bonding with your horse means simply 'being nice' all the time. What do you think? Is effective communication simply a matter of always saying 'YES'? Where can you learn to speak to your horse in its own language? Read Monty's question and answer column below to find out.

## MONTY ANSWERS

### Question:

I am from Brazil and hope to see you work with horses in person someday. I don't understand Natural Horsemanship. Is it just being nice to your horse or can you tell me what you do differently and why it works?

### Monty's Answer:

Beginning at seven years of age I observed horses interacting with other individuals of their same species as well as humans and other predators. These observations led me to the conclusion that they have a clearly defined language that is executed with gestures much like signing for the deaf. In the early 1940s I set out to see if I could learn how to execute this language.

The challenge was significant, but when I experienced incremental success, it was extremely gratifying. My father was a very violent man. He used his violence on me as well as the horses. It became my mission in life to discover how horses could be trained and partner with us in the absence of that violence. When successful, I then wanted to show it to the world.

When I was 54, Her Majesty Queen Elizabeth II witnessed my work, endorsed it and asked me to take it to the world. It was 1989 when The Queen requested my first book "[The Man Who Listens to Horses](#)" and set up a tour of 21 separate venues through the UK and Ireland. Publishers said the book would sell 3,000 to 5,000 copies. Current numbers indicate nearly six million.

Anyone can learn the language of the horse and anyone can learn how to Join-Up with horses. [My textbook](#) and [Equus Online University](#) are tools designed for horse lovers from all riding disciplines to learn how to communicate with horses. I hope you too will want to learn how to communicate in the horses' silent language of gestures. It will benefit your relationship with your horse and possibly many other areas of your life.

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

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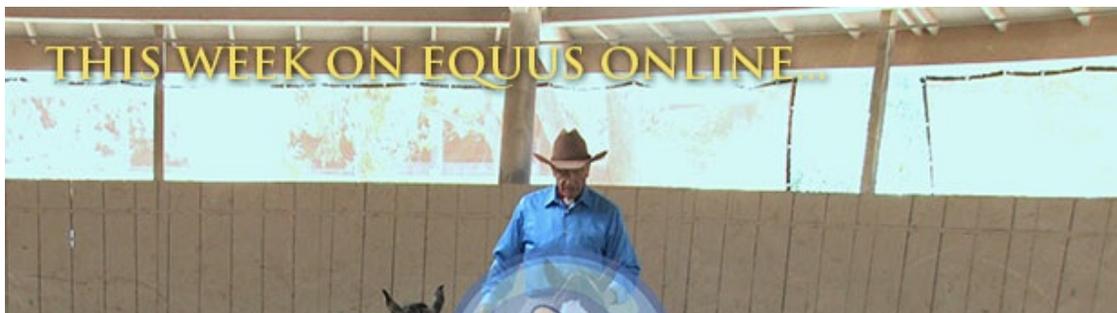
[Life Lessons from Monty](#)

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## Monty's Principles



Horse Sense and Healing attendee David completes a successful Join-Up®, with congratulations from Monty Roberts



## Monty's Impact on the World

Monty has had an impact on many people, for many years. I know that it is true, as he has impacted my life. From my own experience, this is needed for returning vets. The young men and women of Iraq



In this week's video lesson on [Equus Online University](http://www.equusonlineuniversity.com), Monty talks about safe practices involved in leading your horse from the back of another horse.



**Not a student yet?** Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com) and Join-Up with thousands of horse lovers learning Monty's force-free and fun methods now.

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: [www.facebook.com/MontyRoberts](http://www.facebook.com/MontyRoberts)

September 20, 2014	Night of Inspiration at Flag Is Up Farms, email <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> or call (805) 688-6288 to register	USA
October 5, 2014	<a href="#">Merrist Wood College</a> , Guildford, Surrey, GU3 3PE	UK
October 10, 2014	<a href="#">Easton College</a> , Norwich, Norfolk, NR9 5DX	UK
October 16, 2014	<a href="#">Arena UK</a> , Allington, Lincolnshire, NG32 2EF	UK
October 18, 2014	<a href="#">Myerscough College</a> , Preston, Lancashire, PR3 0RY	UK
October 22, 2014	<a href="#">The Grange</a> , Okehampton, Devon, EX20 3DA	UK
October 24, 2014	<a href="#">Hartpur College</a> , Gloucester, GL19 3BE	UK
October 30, 2014	<a href="#">Greenlands EC</a> , Wreay, Carlisle, Cumbria CA4 0RR	UK
November 1, 2014	<a href="#">Gleneagles</a> , Auchterarder, Perthshire, PH3 1NF	UK
November 8, 2014	Hessisches Landgestüt Dillenburg	DE
November 15, 2014	Gestüt Tannenhof, Heidenrod-Watzelhain (bei Wiesbaden)	DE



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## Now Playing: Champion Non-Pro Reiner Shannon McCarty and Healthy Stables by Design



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

**Champion non-pro Shannon McCarty and Healthy Stables by Design John Blackburn. Dr.**

vets. The young men and woman of Iraq and Afghanistan and the Vietnam veterans. Just being in Monty's presence, hearing him speak was the most moving thing for me. I had wondered what he could possibly say to me, he wasn't even a veteran. But by the time he was finished speaking, his pain, and what he experienced in his own life, he was definitely a PTSD (Post Traumatic Stress Injury) survivor/victor.

The program he has set up, I believe from my own experience, coming very close to suicide, and attempted in 1972, if I would have had the opportunity and direction to be involved in what Monty is doing, I believe it would have helped me back in that day because he is only part of what makes his program work. I believe it is the brotherhood of the veterans reuniting on their own volition, to choose to come and take part. What's awesome is it has helped me now at 64.

And my entire family who came to these clinics, finally there is a program that includes the wives that have been absolutely the strength to keep these vets functioning day by day, and in some cases, have been so effective that they themselves suffer from PTSD. For my wife to watch and experience the emotions that we all go through in these clinics has been great healing to her, and has helped her to understand more. And my sons. I have had comments from my own sons, two who have attended, what a great time they had interacting with the horses and Monty. I have focused on my own experience with Join-Up but this is how it would impact the world, other veterans in other countries and around the world.

I see Monty as a father figure who welcomed me home. One that I believed understood the pain of PTSD, but also has the communication skills and experience that finally helped me talk about what I hadn't talked about for 40 years. He didn't interrupt, he listened and I needed someone to listen. After hearing him speak, I knew he was telling the truth in what he spoke and says. That is a trust builder for me. So I shared my heart, and life story with him. It's not easy for me to trust.

Dennis Nickell

## Monty's Challenge



Non-Pro reiner Shannon McCarty shares about her recent wins at the National Stock Horse Association Derby on Hick Oleana taking home the Non-Pro, Intermediate Non-Pro and Novice Non-Pro at the Reined Cow Horse Futurity. And author of Healthy Stables by Design, John Blackburn, shares how we can give our horses more choices in their environment while sheltering and protecting them. Dr. Andrew McLean discusses Overshadowing.

Listen in...

<http://www.horsemanradio.com/2014/09/15/horsemanradio-episode-24-by-index-fund-advisors-ifa-com-reiner-shannon-mccarty-and-healthy-stables-by-design-john-blackburn/>

[Click here to bookmark the Horsemanship Radio episodes on iTunes.](#)

[Click here to bookmark the Horsemanship Radio episodes on Android.](#)

Brought to you by Index Fund Advisors, [www.IFA.com](http://www.IFA.com)

## NIGHT OF INSPIRATION



CONNECT ◀ AMAZE ◀ REVITALIZE

Join us for an evening of fun, food, and great conversation at *Flag Is Up Farms*

## a NIGHT of INSPIRATION



Your party will be welcomed to beautiful Flag Is Up Farms to watch a Join-Up experience. Witness first-hand the powerful relationship of trust and communication between a horse and a human.

Afterwards, enjoy a traditional barbecue dinner with author Monty Roberts and artist Pat Roberts in their hilltop home. At dinner, great conversations will emerge about the importance of trust, overcoming adversity, achieving your vision, and living strong at any age.

This unforgettable experience will transform your group and allow them to connect to a living legend.



**Saturday  
September 20  
5 to 10 p.m.**

LIMITED SEATS ◀ GROUPS & INDIVIDUALS WELCOME  
RESERVATIONS (805) 688-4382 ◀ \$199 PER PERSON



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

I am interested in learning more about your relationship to the Brooke Animal Hospital and your work with horse handlers in India. Why are horses important to this group and what do you intend to impart to the people you meet in India?

## Monty's Life Lessons

Enjoy a Free Excerpt  
Each Month of Life  
Lessons from The Man  
Listens to Horses

Ask Monty readers' special:

[Click here to read this month's excerpt!](#)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans!  
**First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website



"The scientists behind Corigem® have found a nature-made healing gift from a species that no one before seemed to appreciate: a species of very busy bees that will improve the lives of humans and animals together."  
- Monty Roberts.

Read more on:  
<http://www.montyroberts.com/corigem/>

## SUCCEED: Digestive Health



"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health.

I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for many years now, with tremendous results." ~ Monty

See more  
<http://www.montyroberts.com/succeed/>

## E-News Delivery

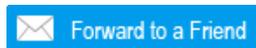
Do you receive this FREE letter with Monty's Question and Answer weekly?  
If not, click here: <http://www.montyroberts.com/category/montys-question-and-answer-space/>



## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**



time and channel of the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

Please note that Dish TV has moved the HRTV channel position to 398.

## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where

The Rural Channel is available:  
<http://theruralchannel.com/gallery/monty-roberts-backstage-pass/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 253), Ireland, The Netherlands, Sweden

and Malta. See: [www.horseandcountry.tv/monty](http://www.horseandcountry.tv/monty) for more info.

## Photo Credits

**Christopher Dydyk**