



# ASK MONTY

May 7, 2014

Greetings!

Learn Monty's way of helping horses learn to love taking the bit in his Question and Answer this week!



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## Horses and Honey



"Corigem® is committed to improving and enhancing animal care by providing safe, natural and effective products to help speed up the healing process. I became interested in becoming a spokesman after I experienced amazing results on my own animals by doing extensive trials. I have even tried it on my own dry skin and was amazed all over again by what this wonderful product has to offer."  
~Monty

[www.corigemanimals.com](http://www.corigemanimals.com)

## MONTY'S QUESTION AND ANSWER

### Question:

Dear Monty; I would like for my mare to easily put on a bit. However, she hates honey, sugar, molasses and is NEVER fooled by anything tasty she enjoys like grass or hay that I weave over a bit. I can usually only get the bit in her mouth after at least 10 or 15 minutes of sweet talk and cajoling. Any thoughts?

### Monty's Answer:

Thank you for your question. I guarantee you that given a week to 10 days I could get her to taste the of honey. One must put the honey on food items that we know she loves. It may only be a drop at a time on a tablespoon of oats or some food item that she often eats. If you placed in front of her a handful of typical sweet feed would she eat it? If she would then she likes the taste of molasses. What occurs to me is that you have done is to expect your mare to eat the desired substance in the pure form. This will often overwhelm the taste buds and cause the horse to back away.

This is something I go through virtually every time I condition a horse to accept a bit with honey on it. I recently went through a situation in England with an owner that was certain her horse would never eat honey. There was a need to medicate her horse with oral medication. The horse would refuse an oral syringe even to the point that she would strike at the owner with her front feet. I outlined a plan of action and this diligent owner followed my every recommendation.

Within a week her horse was following her around the stable, asking to have the syringe put in her mouth with no problem at all. The owner is currently able to medicate standing on the outside of the box stall with the horse's head over the door taking the medication with a drop of honey on the outside of the syringe. Horses are horses and they don't vary enough in their taste patterns to execute the behavior you have outlined without a way to deal

## Monty's Principles

Heaven on Earth: Flag Is Up

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI

### THIS WEEK ON EQUUS ONLINE...



Monty meets Fergus again. See Fergus' incredible progress in this week's video lesson on [Equus Online University](http://Equus Online University)!

**Join-Up Now!**

Not a student yet? Click on: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)

Current students log in here: [www.montyrobertsuniversity.com/sessions/new](http://www.montyrobertsuniversity.com/sessions/new)

## BUCKET LIST WEEKEND: MAY 31 - JUNE 1, 2014

### Night of Inspiration & Life Lessons with The Man Who Listens to Horses



I really wanted to send you the biggest of thank yous because if it wasn't for Intelligent Horsemanship then I would never have known about and attended the Demonstration by Monty at the Hand which gave me the confidence to speak to Monty when I visited his beautiful ranch, just last weekend. I have followed his work for many many years and he has helped me, through his books, in so many ways in terms of working with my horses but also beyond that. Everybody at "Flag Is Up" could not have been more kind to me and through also being able to see him working a beautiful stallion in his round pen on his ranch, I can, hand on heart, say that my bucket list is complete...at the point of Join-Up, the emotion that I felt was just extraordinary and so very powerful.



My bucket list was as complete as I thought possible when I first met and began the very special relationship that I have with my friends on the west coast who introduced me to the western way of life that I am very much in love with but then, meeting Monty at the weekend was just incredible and that would never have happened without Intelligent Horsemanship in the UK. Please do not ever underestimate how much your work impacts on people like me.....the horses I am lucky enough to ride and work with of course benefit hugely and you all do even more than that; the impact on me of Intelligent Horsemanship really has been life changing and continues to be a source of support for me in every area, thank you so much. Yours with kind regards and heartfelt thanks, Liz

[www.Facebook.com/MontyRoberts](http://www.Facebook.com/MontyRoberts)

## MONTY'S CHALLENGE



# It's a Life Changing Experience... Join Monty on a Night of Inspiration!



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at: [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

### Next Week's Question:

Hi Monty! My name is Anne Shaffer and I have a 13 yr old rescue Thoroughbred who is absolutely terrified of cows and I thought we got him through it but just the other day I see he regressed. I even kept him in with a cow and he became great friends but the cow went to slaughter. I rode the other day coming up on a herd of red and white herefords and 5 mins of circling and backing up into a field I decided to walk him by them! Can you please give me ways to get this

horse of mine to ride worryless by cows please? would be much appreciated . Thank you!

## Now Playing: Liberty Training and Saddle Fit



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

[Click here to bookmark](#) the Horsemanship Radio episodes on iTunes.

[Click here to bookmark](#) the Horsemanship Radio episodes on Android.

### Build on your bucket list with a weekend of Life Lessons with Monty Roberts

Be inspired by the New York Times bestselling author who started the revolution in gentle horse training the originator of the Join-Up ®. Start the weekend by witnessing Monty introduce a young horse to his first saddle, bridle and rider in 30 minutes or less then, over a BBQ dinner, visit with Monty and his wife Pat, renowned sculptress and horsewoman. Spend Sunday with Monty and the horses. The hands-on experience with a horse in a calm setting. This workshop Allows you to benefit from lessons learned and life experiences from Monty's life and apply to your own Them. Dr. Sue Cain Facilitates your journey she and the Monty highlight the book Life Lessons from The Man Who Listens to Horses. Inspire your group, your family or yourself with the experience que caught the attention and respect of Monarchs, millionaires and mobilized all of us to understand horses better. What can They teach us if we listen.

Contact [admin@montyroberts.com](mailto:admin@montyroberts.com) or call +1 805 688 6288  
<https://www.facebook.com/events/534219636693811/>

## GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: [www.facebook.com/MontyRoberts](https://www.facebook.com/MontyRoberts)

May 19-20	Special Event with Monty! For more info, go to: <a href="http://www.montyroberts.com/ab_about_monty_calendar/see-monty">http://www.montyroberts.com/ab_about_monty_calendar/see-monty</a>	USA
May 31, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Limited spaces available so book early! Info: <a href="https://www.facebook.com/events/212405395622676/">https://www.facebook.com/events/212405395622676/</a> or email <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> or call (805) 688-6288 for reservations	USA
June 1, 2014	Life Lessons workshop at Flag Is Up Farms. Info here: <a href="https://www.facebook.com/events/534219636693811/">https://www.facebook.com/events/534219636693811/</a> or call (805) 688-6288 for reservations	USA
August 4-8, 2014	Monty's Special Training Clinic at Flag Is Up Farms, California <a href="#">Click here for more info</a> or call (805) 688-6288 to register	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## ARE YOU MEETING YOUR HORSE'S NUTRITIONAL NEEDS?

Android.

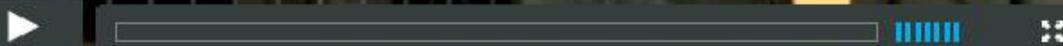
"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health. I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for a few years now, with tremendous results." ~ Monty

Liberty Training with Marco Pagliai and Christiane Moëller and Ron Friedson on proper saddle fit. Race Trainer Sean McCarthy offers a training tip. Listen in...

Listen in... [Horsemanship Radio Episode 15:](http://www.horsemanshipradio.com/Episode_15)  
<http://www.horsemanshipradio.com/>

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88% suffer from gastric ulcers



## CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where The Rural Channel is available:

<http://theruralchannel.com/get-trc/>

If you have questions or need more info go to [info@theruralchannel.com](mailto:info@theruralchannel.com) or reach out on any of their Social Media platforms: @TheRuralChannel [www.facebook.com/theruralchannel](http://www.facebook.com/theruralchannel)

[Click here](#) to purchase SUCCEED. Or visit the [SUCCEED website](#) to learn more.

## LIFE LESSONS FROM MONTY EXCERPT

Enjoy a Free Excerpt Each Month of Life Lessons from The Man Who Listens to Horses

[CLICK HERE](#) to read this month's excerpt!

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

[www.hrtv.com/MontyRobertsShow/](http://www.hrtv.com/MontyRobertsShow/)

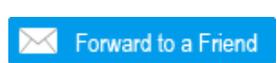
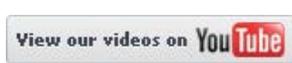
Please note that Dish TV has moved the HRTV channel position to 398.

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 280), Ireland, The Netherlands, Sweden and Malta. See: [www.horseandcountry.tv/monty](http://www.horseandcountry.tv/monty) for more info.

Sincerely,  
**Monty Roberts**



**Photo Credits**

**Christopher Dydyk**