



ASK MONTY

April 2, 2014

Greetings!

Experience Join-Up® for two inspiring days at Monty's Flag Is Up Farms! Join Monty and his team of world class instructors for a [two-day special event](#) on May 19-20.



[Click here](http://www.montyroberts.com/latest-news/special-offer-two-day-event-with-monty-in-may/) for more details: <http://www.montyroberts.com/latest-news/special-offer-two-day-event-with-monty-in-may/>

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MONTY'S QUESTION AND ANSWER

Question:

Does a horse need shampooing?

Monty's Answer:

Thank you for your question regarding shampoo. Horses are 50 million years old. Shampoo has been around, I suppose, for maybe a couple of hundred years. Horses lived before there was penicillin or shoes to put on their feet. Shampoo, in my opinion, was a wonderful invention. We know that many of the wild horses suffer from the natural neglect that is present in the real world of living in the wild. It seldom kills them, but they are better off without it.

What I suggest that everyone consider is that you consult with your veterinarian about the pH factor of your water and of the substance of the product that you are using on the skin. When I was growing up in Salinas, California, most horse people agreed that "Orvis" soap was the ultimate answer to cleaning the horse skin and hair. Jerry

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MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and Answers for the last six months, you should be in a position to do this. Send your answer to my team at:

Redding started a company that developed shampoos and other substances for people and for horses too.

askmonty@montyroberts.com

Many advancements have been made in the area of keeping horses clean and healthy. I suggest that you study those recent developments as closely as you can and chose the product that is best suited for your geographic location. Protection from the sun is critical in Tucson, Arizona and less critical in Seattle, Washington. Seattle has the need for protection from prolonged rainy seasons while Tucson doesn't have to worry much in that category.

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

What reasons might a horse bite at his sides? Is it anger or pain or what?

THIS WEEK IN MONTY'S EQUUS ONLINE UNI



The start of a racehorse at Monty's California facility is featured in this week's video lesson on [Equus Online University](#).

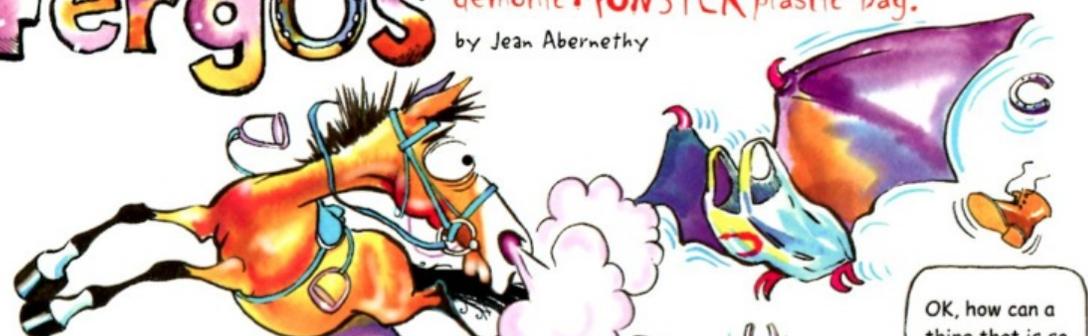
Join-Up Now!

Not a student yet? Click on: www.montyrobertsuniversity.com

Current students log in here: www.montyrobertsuniversity.com/sessions/new

NEW UNI LESSON SERIES: FERGUS THE SUPER SPOOKY HORSE

and the terrible, hideous, awful, scary, horrific, flying, crackling
Fergus demonic MONSTER plastic bag.
by Jean Abernethy



OK, how can a thing that is so

What I would like to share with you is this. Two years ago, my husband was diagnosed with esophageal cancer and the outcome didn't look good. He went through the horror of chemotherapy and major surgery, now two and a half years on he is still with us. For the first 15 months following successful surgery all was going well, he was able to do the haymaking and many other physical jobs that he thought he wouldn't be able to again, all be it, requiring help with the heavier tasks but still getting on fine. Then, last September, it was as though he just gave up. He was in a dark place and just didn't want to do anything or see people.

The doctor treated him for depression but still he did not improve. It was as though I was grieving for him but he was still there and there was no light at the end of the tunnel. But there was a light and it has come in the form of a clinical psychologist who specializes in cancer patients. What an amazing man he is. He put everything into context and explained that it wasn't so much that Mick was suffering from depression but more a case of his body reacting to the effect of chemotherapy. Basically, he wasn't letting the body recover from the



We have a real treat for our [Equus Online](#) students coming up on April 9! We will be bringing you video footage of Monty and the most challenging horses he meets and trains on tour around the world. Next in the line up is a super spooky dressage-turned-bucking horse called Fergus. Here is a short video clip showing Monty and our friend Fergus in a round pen in the UK.



Take the opportunity to learn from Monty online, join his group of students on [Equus Online University](#) today!

Join-Up Now!

GLOBE GALLOPING WITH MONTY ROBERTS

Have some fun with Monty! Go to: www.facebook.com/MontyRoberts

April 4, 2014	Pferdezentrum Schloss Wickrath , Mönchengladbach	DE
April 6, 2014	Landgestüt Zweibrücken	DE
April 8, 2014	Reitsportzentrum Hohenzollern , Bisingen	DE
April 11, 2014	Reitverein Bayer Leverkusen	DE
April 13, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE
May 19-20	Special Event with Monty! For more info, go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty	USA
May 31, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Limited spaces available so book early! Info: https://www.facebook.com/events/212405395622676/ or email admin@montyroberts.com or call (805) 688-6288 for reservations	USA
June 1, 2014	Life Lessons workshop at Flag Is Up Farms. Info here:	USA

letting the body recover from the massive dose of poisoning it had been given so it shut down and is forcing him to take time to let it heal.

You may think, what on earth am I telling you all this for - well, this psychologist told him to that his body was like a horse and it will not be beaten into doing things but rather he should be more like MONTY ROBERTS, and gentle it back into accepting what has happened and overcoming the trauma. Then he went on to say how your work with horses has influenced so many in the ways of helping people who have many problems. So Monty, I hope you are very, very proud of all that you achieve, not only with the wonderful horses but humans as well. I think you are an inspiration to so many and thank you.

Maggie B.

Now Playing: Women Entrepreneurs and World Class Trainers



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

[Click here to bookmark](#) the Horsemanship Radio episodes on **iTunes**.

[Click here to bookmark](#) the Horsemanship Radio episodes on **Android**.



Caroline Jennings, BSc, (above) is fortunate to split her time between Ireland, Australia and California working with some of the best trainers and horses in the world.

<https://www.facebook.com/events/534219636693811/admin@montyroberts.com> or call (805) 688-6288 for reservations

August 4-8, 2014 Monty's Special Training Clinic at Flag Is Up Farms, California USA
[Click here for more info](#) or call (805) 688-6288 to register



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Carole Herder's passion is providing comfort for horses all over the world with Cavallo Horse and Rider.

Sandy Collier offers our Trainers Tip.

Listen in... [Horsemanship Radio Episode 13:](#)
<http://www.horsemanshipradio.com/>

Brought to you by Index Fund Advisors, www.IFA.com

LIFE LESSONS FROM MONTY EXCERPT

Enjoy a Free Excerpt Each Month of Life Lessons from The Man Who Listens to Horses

[CLICK HERE](#) to read this month's excerpt!

SUCCEED®: ARE YOU MEETING YOUR HORSE'S NUTRITIONAL NEEDS?

"I have believed for years that digestive health has a major impact on a horse's happiness, performance and overall well-being. Just by owning and riding horses, we take them out of their natural environment. We keep them in stalls, we feed them grain, and we exercise them. All of this works against the horse's digestive health. I also believe there is something you can do to care for your horse's digestive system. I've been using a product called SUCCEED® on my performance horses for a few years now, with tremendous results." ~ Monty

88% suffer from
gastric ulcers



[Click here](#) to purchase SUCCEED. Or visit the [SUCCEED website](#) to learn more.

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all

times are EST) on television on The Rural Channel. More info as to where The Rural Channel is available:
<http://theruralchannel.com/get-trc/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel
www.facebook.com/theruralchannel

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

HRTV®

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

www.hrtv.com/MontyRobertsShow/

Please note that Dish TV has moved the HRTV channel position to 398.

Horse & Country, UK

Watch Monty Roberts

See:

www.horseandcountry.tv/monty for
more info.

Photo Credits

Christopher Dydyk

Corigem[®] is safe to use on horses
and is proven to show superior
results for a number of skin ailments
such as girth itch, saddle irritation,
rain rot, scratches and ringworm.

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"Corigem[®] is committed to improving and enhancing animal care by providing safe, natural and effective products to help speed up the healing process. I became interested in becoming a spokesman after I experienced amazing results on my own animals by doing extensive trials. I have even tried it on my own dry skin and was amazed all over again by what this wonderful product has to offer."

~Monty

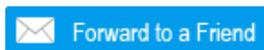
www.corigemanimals.com

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to

askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,

Monty Roberts

