



ASK MONTY

March 5, 2014

Greetings!

What are the signs of a horse's emotional states? Monty discusses how to read your horse's sense of wellbeing in his question and answer column this week. See below!

 [Forward to a Friend](#)

MONTY'S QUESTION AND ANSWER

Question:

What are the signs of a horse that is not happy?

Monty's Answer:

Reading an equine's internal state is an art form. You have to learn how to read the horse. It is the movement of the tail, it is the movement of the ears, it is the movement of the eyes. The relaxation or lack of relaxation in the muscles of the neck. The movement of the feet. All tell you "I am happy" or "I am not happy". And the horse who is really relaxed is the happy horse. When you see stressed horses, their jaw muscles are rigid and their eyes are often wide so that you can see white around them and their ears are stiff. They are not happy, and they are less likely to perform well.

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

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MONTY'S CHALLENGE



Test yourself each week as I challenge you to answer the question below. I mean this. Sit down and write an answer. Don't wait for my answer next week. If you have been reading my Weekly Questions and

Answers for the last six months, you should be in a position to do this. Send your answer to my team at: askmonty@montyroberts.com

Why should you bother? Because it will help you focus. There is probably a comparable question in your life that needs answering - or will be. If you can gain insight into how to go about answering a practical question that is loosely related to your problem, this

THIS WEEK ON EQUUS ONLINE...



TRAINING THE YOUNG HORSE: FIRST WEEK DAY 5 LESSON 1: IMPROVING BRAKES AND STEERING



In this week's video lesson on [Equus Online University](http://www.montyrobertsuniversity.com), you will see Monty's way of creating feel, timing and balance when long lining the young horse.

Join-Up Now!

Not a student yet? Click on: www.montyrobertsuniversity.com

Current students log in here: www.montyrobertsuniversity.com/sessions/new

MONTY IN THE NEWS



Left to right: Gai Waterhouse, Carlton House (horse) and Monty

Storm Fabulador, started by Monty Roberts in California, won the \$50,000 Tattersall's Club Handicap in Australia Saturday March 1. Read the story here:

<http://www.couriermail.com.au/sport/superracing/net-cast-wide-for-top-pair-as-owner-ian-mccauley-basks-in-dual-glory/story-fnii0nfy-1226842450984>

And another horse that Monty has worked with is the Queen's horse Carlton House (in photo above), who took second in the \$125,000 Parramatta Cup Saturday, March 1, 2014, and showed Australian racegoers why he was rated one of Europe's elite gallopers. Carlton House is a Group 2 winner overseas and also placed in an English Derby.

<http://www.heraldsun.com.au/sport/superracing/gai-waterhouses-time-to-get-carlton-house-in-order-at-rosehill/story-fnibcaa0-1226840766148>

More about Monty's trip to Australia...

"I've had Monty Roberts work with him [Storm Fabulador], and he's turned the corner. He's right mentally and weight-wise, he's so well placed today. I will be disappointed if he loses."

Waterhouse admitted she would be similarly non-plussed if Melbourne Cup hero Fiorente does not make a winning return in the Group 2 \$220,000 Peter Young Stakes (1800m) at Caulfield. Fiorente was also worked with by Monty before his Melbourne Cup win.

<http://www.heraldsun.com.au/sport/superracing/gai-waterhouse-believes-a-quelp-upset-is-a-sweet-idea-in-light-fingers/story-fnibcaa0-1226834031746>

exercise will help you answer your nagging question. Then read my answer. I want all of my students to learn to be better trainers than me. That's good for you and good for horses!

~ Monty

Next Week's Question:

Are there introvert and extrovert types of horses and is one better than the other?

Monty's Principles

Carlos Gracida [1960-2014]

It was a devastating message that came through to me last week. The loss of Carlos Gracida was certainly unexpected and weighs heavy on me under the circumstances of our relationship and all that he meant to the horses we love.

Carlos Gracida was a dedicated athlete able to rise to number one in the world. At the same time, he had a quiet dignity about him that the world of polo has rarely seen. Carlos could and did associate with royalty and at the same time possessed the humility that allowed him to strike deep friendships with the ordinary working people of the game he loved so much.

Carlos will be missed by each and every person who met him, but he left us all with the hope and confidence of better times to come.

The game of polo is immensely better off for having known Carlos Gracida and the horses that play this game will be thankful for his presence for generations to come.

Carlos and his brother Memo, along with Adolfo Cambiaso were the first to take the message of non-violent training to Argentina and throughout the game the brothers excelled in. The loss of Carlos ignites within me the desire to press forward in the work that was noted by Queen Elizabeth II at Guards Polo Club, June 24, 2012. I am certain that Carlos would encourage me to press even harder on my goal to leave polo in a better place because of the techniques he, Memo and Adolfo took to Argentina beginning about five years ago.

It's only fair to say that Joel Baker was the first to introduce me to Carlos, Memo and Adolfo. He brought them to my farm and started a relationship that caused the trio to bring "breakers" from Argentina to learn the value of the methods that I use in the early training of horses for any discipline. Joel played on a winning US team and came to have an extremely close relationship with the Gracida brothers. I feel certain that Her Majesty, Queen Elizabeth would want us to take even more seriously the meaning of the certificate that Her Majesty presented to Carlos. It is my opinion that, if not now, in the near future the world of polo will know the value of Carlos, Memo, Adolfo and Her Majesty, Queen Elizabeth II.



WHERE IN THE WORLD IS MONTY?

March 4-8, 2014	Monty's Special Training in English and Portuguese coming to Flag Is Up Farms! 5 dias de curso intensivo com o 'Encantador de Cavalos' em sua fazenda Flag Is Up Farms. Contact admin@montyroberts.com for more information in English or Portuguese.	USA
March 15, 2014	The Hand Equestrian Centre, Davis Lane, Clevedon, N. Somerset, BS21 6TG	UK
March 21, 2014	Norton Heath Equestrian Centre Limited, Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 29, 2014	CHANGE OF VENUE: Plumpton College, Ditchling Road, Near Lewes, Plumpton, East Sussex BN7 3AE	UK
April 4, 2014	Pferdezentrum Schloss Wickrath , Mönchengladbach	DE
April 6, 2014	Landgestüt Zweibrücken	DE
April 8, 2014	Reitsportzentrum Hohenzollern , Bisingen	DE
April 11, 2014	Reitverein Bayer Leverkusen	DE
April 13, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE
May 31, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Limited spaces available so book early! admin@montyroberts.com or call (805) 688-6288 for reservations	USA
June 1, 2014	Life Lessons workshop at Flag Is Up Farms admin@montyroberts.com or call (805) 688-6288 for reservations	USA
August 4-8, 2014	Monty's Special Training Clinic at Flag Is Up Farms, California	USA



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Now Playing: The Roundtable, 300 Years of Horsemanship



[The Horsemanship Radio Show](#) is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

[Click here to bookmark](#) the Horsemanship Radio episodes on **iTunes**.

[Click here to bookmark](#) the Horsemanship Radio episodes on **Android**.

An unbelievable roundtable discussing horsemanship today with Monty Roberts, Eitan Beth-Alchemy, Richard Winters, Dr. Robert Miller and Tom Spalding. Plus, hear all about Light Hands Horsemanship and Monty explains ritualistic habituation. Listen in... Horsemanship Radio Episode 11:
<http://www.horsemanshipradio.com/2014/03/01/horsemanship-radio-episode-11-by-index-fund-advisors-ifa-com-the-roundtable-300-years-of-horsemanship/>

Brought to you by Index Fund Advisors, www.IFA.com

LIFE LESSONS FROM MONTY EXCERPT



Left to right: Her Majesty Queen Elizabeth II, Monty Roberts, Carlos Gracida. Photo by Simon Palmer

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where The Rural Channel is available: <http://theruralchannel.com/get-trc/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel <http://www.facebook.com/theruralchannel>

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

Please note that Dish TV has moved the HRTV channel position to 398.

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 280), Ireland, The Netherlands, Sweden

and Malta. See: <http://www.horseandcountry.tv/monty> for more info.

Photo Credits

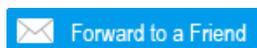
Enjoy a Free Excerpt Each Month of Life Lessons from The Man Who Listens to Horses

[CLICK HERE](#) to read this month's excerpt!

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

