



ASK MONTY

January 22, 2014

Greetings!,

MONTY'S QUESTION AND ANSWER

Question:

Dear Monty, I have the most wonderful stallion you could ever want to own. We have been together since he was six months old. I have taught him all he knows and he has responded excellently, winning in the show ring and being the nicest horse to be around for everyone including all his wives! He does however get very stressed when travelling, sweating, kicking and being extremely angry. There is no problem loading him, he is very willing to enter the horsebox, but as soon as the box starts to move he gets himself so worked up that by the time we have reached our destination he is pouring with sweat and has in the past laid down with colic. We have tried all sorts of ways to pen him in the horsebox but nothing seems to work, more space, less space, forwards, backwards. The silly thing is when he gets to the show, if he hasn't injured himself, he will work and perform like a star!!

I have included a picture of "Arthur" at his best, perhaps you have some suggestions to my problem that I can address during the winter.

Yours Sincerely,

Mrs. Desiree Flynn-Vasey

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Monty's Principles

Your book "[The Who Listens to Horses](#)"
Dein Buch "Der mit den Pferden spricht"

Dear Monty Roberts! I've read this book several times. I am always thrilled how to raise animals but without violence can and can gain their trust. What your father did to people and animals, I must say that has me totally shattered. I hate violence of any kind I also think that your children and your brother of all violence. Your father should have been punished for his brutality. I am a total animal lover and an animal rights activist for all animals. I already have the second book from you but cannot find it easily in the stores. Lots of love from Anneliese, Germany.

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Now Playing: Western Dressage, Equine Nutrition and Dr. Robert Miller DVM



Feel Good About the Direction Horsemanship Is Going!

The Horsemanship Radio Show is an online radio



Monty's Answer:

This question comes up quite often as I travel the world. I would ask you to process my recommendations fully aware of the fact that there are certain regulations within various countries which speak to the concepts I am recommending in a negative way. I fully understand that these regulations have been put forth for what was believed to be good reasons mostly having to do with the transportation of horses to slaughter.

My recommendations have been tried and proven for me over 7 decades and are in no way cruel, dangerous or even uncomfortable for the horses involved. It is my opinion that this behavior was initiated with the given animal being tied in a very close restrictive environment. All horses are claustrophobic and some are more reactive to these conditions than others. This is a condition locked into the DNA. Recognizing that one needs to comply with the laws of the country in which you are transporting the horse, my recommendations are as follows:

First I suggest that one creates a relationship between the horse involved and another animal. One must consider that a stallion has certain challenges in this area which need to be addressed appropriately. In the establishment of this relationship creating, I have used ponies, full grown horses, donkeys, mules, dogs, goats, sheep, and even a parrot in one particular case. Somewhere in this mix there is a species that is appropriate even for the stallions that we deal with. It normally requires a minimum of one month to successfully lock in these friendships. Once established they have often lasted a lifetime.

With the bonding complete one should heavily bed a large section of the vehicle concerned. The space should approximate the size of a box stall (loose box) or in other words approximately 2.5 meters by 3-4 meters. It is normal that the maximum width on the roadway is about 2.5 meters. With this accomplished one is prepared to begin the process of habituating the horse to travel.

My recommendation is that one should load the two bonded animals into this space, close them in and offer them a bit of food and water. Allow about half an hour for them to settle into an acceptance of the newly created environment. Gradually one can extend this time to an hour or even two. Take care not to allow too much heat when working in hot climate areas that would generate heat internally.

With these elements accomplished, one can begin to make short trips of less than a half an hour. When returning to the stable area, one should stop, silence the vehicle and offer a bit of food and water and allow the two animals to settle for 20 minutes or so. Subsequent to these efforts, it is advisable to extend the trips and also lengthen the rest period upon returning. Unload only when everything is calm.

It will take about two weeks to progress sufficiently so that one can make a trip to a destination, unload and execute some activity or other and then re-load and return home once again allowing for some rest time before unloading. I have used this method successfully on literally hundreds of horses. Most recently there were some very high level show horses in the United Kingdom that could not compete before these methods were complete.

THIS WEEK IN MONTY'S EQUUS ONLINE UNI



This week on Monty's Equus Online Uni

Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Listen in...

<http://www.horsemanshipradio.com/>

[Click here to bookmark](#) the Horsemanship Radio episodes on **iTunes**.

[Click here to bookmark](#) the Horsemanship Radio episodes on **Android**.

Our guests are Julie Malick, Western Dressage and Mark Herthel, equine nutritionist, with a Master Training Tip from Dr. Robert Miller, DVM and father of Foal Imprinting. Brought to you by Index Fund Advisors, www.IFA.com

Part of the Horse Radio Network.

<http://www.horsemanshipradio.com/>

Instructors' Meet Up

The evening of May 14 (Monty's Birthday!) will kick off the Instructors Meet-Up at Flag Is Up Farms with an additional Special Clinic for Instructors on May 19-20. Monty will be demonstrating and sharing the latest developments, introducing his Ritualistic Habituation discoveries. Dr. William Miller from the University of New Mexico, father of Motivational Interviewing, will be Monty's guest educator with colleague Dr. Teresa Moyers. Also Kris Robins, Canada, will be there to present how she shared MI concepts and their parallels to Monty's concepts of a Horse Sense and Soldiers training. This event is for certified Instructors from the world over. Watch for updates on MontyRoberts.com and on Facebook.com/MontyRoberts

MONTY'S CHALLENGE

Dear Monty and Pat,

I'm writing because, at age 54, I've been given opportunity to get involved with horses. My husband adopted a 15 y/o paint gelding (El Nino) and a 17 y/o quarter horse mare (Sugar) from a friend with cancer, who could no longer keep her horses. The horse are healthy and of reasonable disposition.

We have a farm, with two large fenced pastures and a barn with two stalls, where the horses will eventually be moved to later this Spring. In the interim, they are boarded where my husband's friend has had them boarded the past several years and where they receive good care. My question to you is this:

I'm 54. I've had little experience with horses except for the occasional nose-to-tail trail ride, maybe 6 of those rides in



CREATING TRUST IN RESCUED WILD HORSES Lesson 4: Advance and Retreat

Earning the trust of a wild horse is a process of 'advance and retreat'. Learn how to practice this wonderful concept to earn the trust of any horse in this week's video lesson on [Equus Online University!](http://www.equusonlineuniversity.com)

Join-Up Now!

Not a student yet? Click on: www.montyrobertsuniversity.com

Current students log in here: www.montyrobertsuniversity.com/sessions/new

WHERE IN THE WORLD IS MONTY?

APRENDA COM O "ENCANTADOR DE CAVALOS"
MONTY ROBERTS
A TÉCNICA DO JOIN-UP EM SUA FAZENDA



**VIAGEM OFICIAL
MONTY ROBERTS**

*5 dias de curso intensivo
com o Encantador de
Cavalos" em sua fazenda
Flag Is Up Farms.*

tail trail ride, maybe 6 of these rides in my life time. To me, horses are beautiful, but large and frightening. I enjoy them from a distance but am quite fearful up close.

Will I really, ever be able to get over my fear of horses?... to perhaps ride competently and comfortably one day?... or at the very least (but really most important), to be able to at least care for them on the ground competently and comfortably?

I read your book "The Man Who Listens to Horses" and have signed up for the Equus Online University. I have completed 32 of your lessons in 8 days. Yet, I'm still fearful. And on Saturday at the barn during a lesson, Sugar spooked at some very loud outdoor noises while an experienced rider was on her. Sugar started running sideways full steam until the experienced rider calmed and settled her. If I'd have been on her, I'd likely have fallen and been injured. Now I'm even more fearful. This was out-of-character for Sugar, but the noises from outdoors were very loud and unusual.

As I said above, really the most important thing is for me to be comfortable and competent with them on the ground, for their daily care and well-being. I'd be thrilled if I could at least do this. My husband will be the main caregiver, but I'd like to be able to help and support him. My husband is not fearful, just has the healthy respect for horses.

We live in Wisconsin, but I'm mulling over trying to attend your [H101 course](#). It sounds like just the thing, but time and distance are a factor.

I trust your advice. You are a man and woman who care deeply about horses and people.
Thank you kindly.

Eileen Bastin

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television

on The Rural Channel. More info as to where The Rural Channel is available: <http://theruralchannel.com/get-trc/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel <http://www.facebook.com/theruralchannel>

Depressa! Viagem para a Califórnia para aprender com Monty Março 4-8 2014 Hospedado e tradução Português ao longo - See more at: <http://www.montyroberts.com/latest-news/monty-special-clinic-with-portuguese-translation-in-march-2014/>

January 25, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. This event is SOLD OUT. Sign up today for the next Night of Inspiration on May 31, 2014. Call (805) 688-6288 or email admin@montyroberts.com for more info.	USA
January 26, 2014	Life Lessons: A Personal Development Workshop at Flag Is Up Farms. A few more spots are available for this life-changing event! See more at: http://www.montyroberts.com/wp-content/uploads/2013/10/Life-Lessons-web.pdf	USA
March 4-8, 2014	Monty's Special Training in English and Portuguese coming to Flag Is Up Farms! 5 dias de curso intensivo com o 'Encantador de Cavalos' em sua fazenda Flag Is Up Farms. Contact admin@montyroberts.com for more information in English or Portuguese.	USA
March 15, 2014	The Hand Equestrian Centre Davis Lane, Clevedon, N. Somerset BS21 6TG	UK
March 21, 2014	Norton Heath Equestrian Centre Limited, Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 29, 2014	Royal Leisure Centre, Horn Lane, Henfield, West Sussex, BN5 9SA	UK
April 4, 2014	Pferdezentrum Schloss Wickrath , Mönchengladbach	DE
April 6, 2014	Landgestüt Zweibrücken	DE
April 8, 2014	Reitsportzentrum Hohenzollern , Bisingen	DE
April 11, 2014	Reitverein Bayer Leverkusen	DE
April 13, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans!
First month FREE of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

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Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

Please note that Dish TV has moved the HRTV channel position to 398.

LIFE LESSONS FROM MONTY EXCERPT

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

Enjoy a Free Excerpt
Each Month of Life
Lessons from The Man
Who Listens to Horses

[CLICK HERE to read this month's excerpt!](#)
KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Horse & Country, UK



Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 280), Ireland, The Netherlands, Sweden

and Malta. See: <http://www.horseandcountry.tv/monty> for more info.

Photo Credits

Christopher Dydyk

Sincerely,
Monty Roberts



