



ASK MONTY

January 15, 2014

Greetings!

In this week's question and answer column, Monty discusses what to do about a horse that suddenly changes his behavior or attitude to work.

MONTY'S QUESTION AND ANSWER

Question:

I have a 17 year old, 15.2 paint gelding. I have had him 4 years. He has always been a very obedient and pleasant ride, but 3 weeks ago he suddenly did a huge buck out of a trot. He has never done that before. I am 68 years old and it hurt to hit the ground hard! It has shattered my confidence in him. Since then he has been anxious and spooky and I'm afraid he will do it again and I will get seriously hurt. The day before he did this, a new horse had come to my barn and was running around and getting himself and Oscar (my horse) all upset. I asked the owner to take him away and I did not ride for 2 weeks (until 4 days after the other horse had gone). I have now ridden him twice and he is still nervous and spooky and I'm afraid that if I ride him with other horses, he will start bucking again and will learn that he can get me off whenever he wants to. His saddle and bridle have been the same for several years without a problem. Would join up help? Thanks for any advice you can give me.

Monty's Answer:

Without any doubt Join-Up® cannot hurt. But what I read into your question tends to take me in another direction. At 17 years of age, the behavioral patterns of any horse are well entrenched. I am sure that your horse has met other strange horses during the course of those 17 years. There was apparently no tendency to buck concerning those other experiences. One would have to immediately suspect pain as the contributor to this unacceptable behavior. While I realize that it's the same saddle, there are more circumstances to consider.

It is well established that the skeletal structure of the spine of Equus changes fairly dramatically in the teenage years. Saddles actually change as well, relative to the spinal processes. In addition accidents, injuries and the saddle pad must be thoroughly investigated in a case such as this. The saddle pad changes dramatically with use. The need for roper protection between saddle and horse is critical. The use of man-made fibers can certainly inflame the magnetic field of the horse's skin. I would consider all these before a strange horse.

One should realize that this is not only a question for an experienced horseman but a potential project for an experienced veterinarian. One would have to consider close examination of each of the items I mentioned. In addition, x-rays would have to be considered if all of these other points fail to reveal a pain source. X-rays are expensive and at 17 if the problem is not identified with relative ease, there should certainly be a serious thought given to retirement. I have had to make this choice and many other horsemen have had to, too.

IN THIS ISSUE

[Monty's Question and Answer](#)

[Equus Online Uni](#)

[Where Is Monty?](#)

[Spread the Word](#)

[Life Lessons from Monty](#)

[Monty's Challenge](#)

[Monty's Principles](#)

[Monty's New Year Message](#)

[Monty on TV](#)

Monty's Principles

Dear Mr. Roberts:

I have just received a book from my mom called [Ask Monty](#) - brilliant present in my opinion. I have so far proceeded in reading the introduction which inspired me to ask a question related to your book. The clever thing to do would probably have been to read the book first and then ask, but I couldn't wait. Before I explain and ask for your opinion I just want to say that I am a 16 year old rider, however do not own a horse because of the price, but lease one and have a good relationship with both my horse (whose name is Fire Flash; due to the colour of her coat) and my horse's owner - a kind, generous, loving woman called Ingrid. I am lucky with my lease as Ingrid and I are the only people who ride Fire and that allows us to both have individual relationships, and time, with her.

Fire was once a riding school pony and lost her character, attitude and personality as an individual horse. Because of my instructor (Tanya) I have had the privilege to work with Fire using bonding, trust and connection to bring her out of her shell and become a real happy mare again. My teacher admires you hugely (as do I) and has taught me to work with horses kindly and to allow the horse to want to work instead of making her/him do the work.

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

[This Week on Monty's Equus Online Uni...](#)





CREATING TRUST IN RESCUED WILD HORSES Lesson 3: Ritualistic Habituation

This week's video lesson on Equus Online University, Monty shows us how to create trust in rescue horses through ritualistic habituation.

Join-Up Now!

Not a student yet? Click on: www.montyrobertsuniversity.com

Current students log in here: www.montyrobertsuniversity.com/sessions/new

WHERE IN THE WORLD IS MONTY?

APRENDA COM O "ENCANTADOR DE CAVALOS"

MONTY ROBERTS

A TÉCNICA DO JOIN-UP EM SUA FAZENDA



Tanya is the reason I know about you and your work and the reason for my wanting the career I do. I think that what you do with horses is truly amazing and really takes a lot of nerve and backbone because of the historical treatment of horses. Thank-you for being a role-model for the riders across the globe and for allowing people to get a better understanding of horses as well as for the true spectacular characteristics of horses being able come out and be appreciated.

I have all ways wanted to make a difference in the world on a large scale and horses are my passion. Like you I want to leave the world a better place than when I came into it. My friends have branded me the psychologist of the group because I always seem to be the one handing out advice and helping people get through issues in their lives, which I have always enjoyed doing. People seem to trust me easily, apparently because of my calm persona and strength and leadership traits (this has been explained to me by my close friends, before I just got used to being 'the helpful one'). Anyway, because of this I have an ambition to study psychology and own a private practice.

This was decided before my riding teacher began to have so much influence over my life. I still would like a degree in psychology and plan to obtain it but before I do I want to take a gap year to work with my uncles horses, who are comfortable enough around people but have a very minimal amounts of training; in fact it's more of a tack-up, get on, kick, gallop, ride and hope to stop at some point. I see this as an opportunity for me to work with horses and learn more about them in a practical environment. After doing both this and obtaining my degree I want to open up a center for businesses to come for leadership training with the use of horses as an example of how to work efficiently together. From my own research and observation I believe horses are brilliant examples on how to do just that. I also want to open training centres where people can go and learn how to train and work with horses through a caring relationship, or/and learn how to apply leadership training, human psychology and using horses as examples for everyday life for personal career purposes/choices. I want to do these things on an international level.

Once having done that and trained people properly to be able to do these things without my guidance I want to go to the leading riding organizations in the world and teach the trainers, riders and instructors on how to be open minded and loving in their work with horses. Even though you have done an incredible job (far above what people would say is generally possible) and have opened people's minds worldwide I do know that one lifetime of work is not always enough to have a full turn around in this area, I want to help get this message more spread and commonly known, using your

VIAGEM OFICIAL MONTY ROBERTS

5 dias de curso intensivo
com o Encantador de
Cavalos" em sua fazenda
Flag Is Up Farms.



March 4-8 Five Days with Monty on Flag Is Up Farms with Portuguese translation provided!
Depressa! Viagem para a Califórnia para aprender com Monty Março 4-8 2014 Hospedado e tradução
Português ao longo - See more at: <http://www.montyroberts.com/latest-news/monty-special-clinic-with-portuguese-translation-in-march-2014/>

January 25, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Call (805) 688-6288 for more info.	USA
January 26, 2014	Life Lessons: A Personal Development Workshop at Flag Is Up Farms. A few more spots are available for this life-changing event! See more at: http://www.montyroberts.com/wp-content/uploads/2013/10/Life-Lessons-web.pdf	USA
March 4-8, 2014	Monty's Special Training in English and Portuguese coming to Flag Is Up Farms! 5 dias de curso intensivo com o 'Encantador de Cavalos' em sua fazenda Flag Is Up Farms. Contact admin@montyroberts.com for more information in English or Portuguese.	USA
March 15, 2014	The Hand Equestrian Centre Davis Lane, Clevedon, N. Somerset BS21 6TG	UK
March 21, 2014	Norton Heath Equestrian Centre Limited, Fingrith Hall Lane, Blackmore, Essex, CM4 0JP	UK
March 29, 2014	Royal Leisure Centre, Horn Lane, Henfield, West Sussex, BN5 9SA	UK
April 4, 2014	Pferdezentrum Schloss Wickrath , Mönchengladbach	DE
April 6, 2014	Landgestüt Zweibrücken	DE
April 8, 2014	Reitsportzentrum Hohenzollern , Bisingen	DE
April 11, 2014	Reitverein Bayer Leverkusen	DE
April 13, 2014	Gestüt Tannenhof , Heidenrod-Watzelhain (bei Wiesbaden)	DE



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

INSTRUCTORS' MEET UP IN MAY

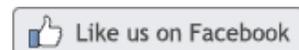
The evening of May 14 (Monty's Birthday!) will kick off the Instructors Meet-Up at Flag Is Up Farms with an additional Special Clinic for Instructors on May 19-20. Monty will be demonstrating and sharing the latest developments, introducing his Ritualistic Habituation discoveries. Dr. William Miller from the University of New Mexico, father of Motivational Interviewing, will be Monty's guest educator with colleague Dr. Teresa Moyers. Also Kris Robins, Canada, will be there to present how she shared MI concepts and their parallels to Monty's concepts of a Horse Sense and Soldiers training. This event is for certified Instructors from the world over. Watch for updates on MontyRoberts.com and on Facebook.com/MontyRoberts

LIFE LESSONS FROM MONTY EXCERPT

Enjoy a Free Excerpt Each Month of Life

name as the original horse whisperer and reason/influence for my career choice. As you said in your book people will begin to 'get it' but you wish you had another life time to continue your quickly growing training and treatment practices with horses. I would just like to say that I know you have a great influence worldwide on the minds of riders and that there are people in the world who wish to continue your work. Your name will be known a hundred years from now and more because of the inspiration and teachings you have passed on to all generations. I know i will continue to tell people about the amazing person Monty Roberts and his work with horses.

Kind regards
Kerry Burns.



Now Playing: Monty's New Year's Message



Feel Good About the Direction Horsemanship Is Going!

The Horseman Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts' daughter), the show includes segments, tips and interviews exploring good horsemanship.

Monty Roberts called in to the Horseman Radio studio to record a year-end episode. In his message, Monty looks back at 2013 and talks about what's ahead for 2014. Plus, a trainer tip from Joe Camp.

Listen in...
<http://www.horsemanradio.com/>

[Click here to bookmark](#) the Horseman Radio episodes on **iTunes**.

[Click here to bookmark](#) the Horseman Radio episodes on **Android**.

On January 15, our guests will be Julie Malick, Western Dressage and Mark Herthel, equine nutritionist with a Master Training Tip from Dr. Robert Miller, DVM and father of Foal Imprinting. Brought to you by Index Fund Advisors, www.IFA.com

Part of the Horse Radio Network.
<http://www.horsemanradio.com/>

CANADA'S RURAL TV



In Canada, Monty's

Lessons from The Man Who Listens to Horses

[CLICK HERE](#) to read this month's excerpt!

MONTY'S CHALLENGE

Dear Monty

I have the most wonderful stallion you could ever want to own. We have been together since he was six months old. I have taught him all he knows and he has responded excellently, winning in the show ring and being the nicest horse to be around for everyone including all his wives! He does however get very stressed when travelling, sweating, kicking and being extremely angry. There is no problem loading him, he is very willing to enter the horsebox, but as soon as the box starts to move he gets himself so worked up that by the time we have reached our destination he is pouring with sweat and has in the past laid down with colic. We have tried all sorts of ways to pen him in the horsebox but nothing seems to work, more space, less space, forwards, backwards. The silly thing is when he gets to the show, if he hasn't injured himself, he will work and perform like a star!!

I have included a picture of "Arthur" at his best, perhaps you have some suggestions to my problem that I can address during the winter.

Yours Sincerely

Mrs. Desiree Flynn-Vasey



The Rural Channel

Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where The Rural Channel is available: <http://theruralchannel.com/get-trc/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel <http://www.facebook.com/theruralchannel>

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

HRTV®

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

Please note that Dish TV has moved the HRTV channel position to 398.

Horse & Country, UK



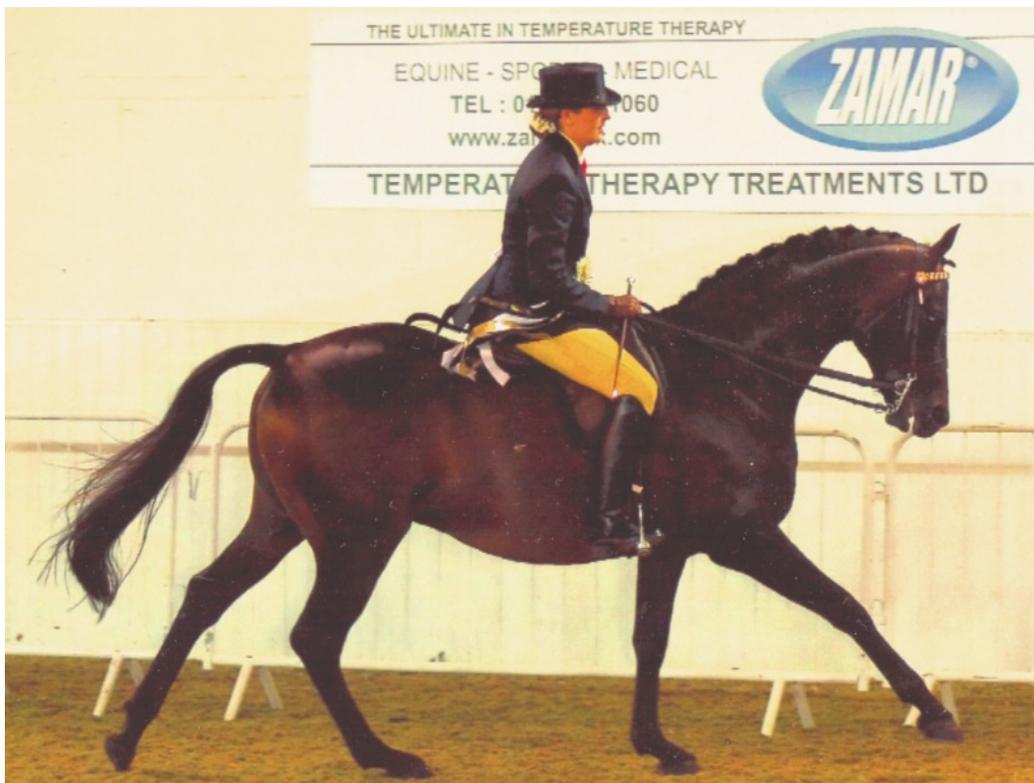
Watch Monty Roberts on Horse & Country TV in the UK (Sky channel 280), Ireland, The Netherlands, Sweden

and Malta. See:

<http://www.horseandcountry.tv/monty> for more info.

Photo Credits

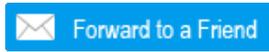
Christopher Dydyk



KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,
Monty Roberts

