



ASK MONTY

October 23, 2013

Greetings!

Have you been following the progress of the young Arabian endurance prospect, Liger, as Monty prepares him for his first rider? Want to see what it's all about? Check out this week's lesson on [Equus Online University](#)!

THIS WEEK IN MONTY'S EQUUS ONLINE UNI



A young horse carries his first live rider for the first time in his life. See this week's educational and touching video lesson on [Equus Online University](#)!

[Join-Up Now!](#)

Not a student yet? Click on: www.montyrobersoniversity.com

Current students log in here: www.montyrobersoniversity.com/sessions/new

QUESTION AND ANSWER

Question:

I am making a life changing decision to train horses for a living. When did you decide working with horses was to be your career?

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Monty's Principles

A Poem Inspired by Monty Roberts and written by Alice Gipps

A Reminder to My Human By The Young Horse

Don't break down my spirit, don't damage my soul

All I wanted was a leader, since I was a foal

Free in the pasture, I have no flaws

Watch my moves, you'll wish I was yours

Turns like the wind and stopping on a dime

We can recreate them together but it's gonna take time

Time to understand, don't teach me with force

I'll only begrudge you, then it's too late for remorse

Ask me, don't make me, there are so

horses was to be your career?

Monty's Answer:

There is no way to pinpoint my decision to work with horses. The fact is that I cannot remember a moment in my life when I was not dedicated to work with horses. It has been my obsession since well before my fourth year and I know I was less than 10 years old when I decided that my life's goal was to leave the world a better place than I found it, for horses and for people too.

 [Forward to a Friend](#)

WHERE IN THE WORLD IS MONTY?



"Fantastic evening, tried some of the work with my haflinger, amazing!! The dually halter has transformed him from a bolshy strong boy who pulled me about the field when walking through lush grass, today he tried it once and gave up, he was amazing with the bags on the stick, he almost fell asleep. I am truly inspired!" Roberta Church



"Greetings from Finland!! And thank you very very much for that "show" you let us all see at Helsinki. GRRRRREAT!" Johanna Jokinen

See Monty's Demonstrations Near You!

October 25	Hartpury College , Hartpury, Gloucester,	UK
October 30	Crofton Manor EC , Titchfield Road, Stubbington, Fareham, Hampshire	UK
November 1	The Grange EC , Northlew Road, Okehampton, Devon	UK
November 30 - December 1	Brazil horse training workshops with Monty Roberts, 9 am - 5 pm, limited to 40 participants. Call +55 11 3882-0008 or write encantadoresdevidas@sirin.com.br	BR
December 7 -8	Brazil horse training workshops with Monty Roberts, 9 am - 5 pm, limited to 40 participants. Call +55 11 3882-0008 or write encantadoresdevidas@sirin.com.br	BR
January 25, 2014	A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Call (805) 688-6288 for more info.	USA
January 26, 2014	Life Lessons: A Personal Development Workshop at Flag Is Up Farms - See more at: http://www.montyroberts.com/wp-content/uploads/2013/10/Life-Lessons-web.pdf	USA
April 4, 2014	Pferdezentrum Schloss Wickrath, Mönchengladbach	DE
April 6, 2014	Landgestüt Zweibrücken	DE
April 8, 2014	Reitsportzentrum Hohenzollern, Bisingen	DE
April 11, 2014	Reitverein Bayer Leverkusen	DE
Aprl 13, 2014	Gestüt Tannenhof, Heidenrod-Watzelhain (bei Wiesbaden)	DE



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

CALLING EX-FORCES VETERANS WITH PTSD

Following Monty Roberts' on-going success with helping military veterans suffering from Post Traumatic Stress Disorder (PTSD), **we would like to extend his offer of help to all ex-forces personnel in the UK.** Monty is keen to demonstrate the extraordinary healing power of working with horses during his forthcoming Autumn Tour, which runs from September to November 2013, and we are looking for **Veterans with PTSD who may wish to try this deeply therapeutic experience** for themselves.

For many sufferers of this debilitating and difficult syndrome, finding and giving trust can be an immensely significant and life changing moment. We have found that the sufferers of PTSD often

ASK me, don't make me, there are so many ways

I'll learn so much faster if you teach me with praise

Understand my language, I'm smarter than you think

The official term is Equus, this is the important link

Let me follow you with confidence, lets communicate

No bad thoughts are necessary, no reason to hate

Forget your forceful training and old fashioned ways

They're wasting time and many precious days

Watch the proven masters, learn to think like a horse

Lets move forward, study books, do a course

Our journey may not be simple, nor always perfect

But it'll be so much easier if we have mutual respect

Be brave, try new methods, no efforts in vain

Rewards come much faster without fear and pain

Make learning simple, one step at a time

Teach me with patience and surrender your pride

You'll see my confidence grow with every new stride

We'll start off slowly but give me a chance

The outcome will be faster, my progress advance

Some of us are naturals, and turn out the best

But don't give up and discard all the rest

Consider this when you deem me a fool

Not all of you were the most intelligent at school

A wise teacher finds an alternative technique

To educate his students, each one is unique

Incremental training achieves much more in the end

feel unable to ask for help, and it is the families, wives and partners are left to find the support they also need. Please feel free to share this post as freely and widely as possible.

 [Forward to a Friend](#)

Some of you may have seen Monty working with Paul, an ex-soldier, during last year's tour, and we were touched to have received this letter from his wife a couple of months ago - *"We have all as a family, just sat and watched Paul with Monty at the demos on Horse & Country TV. It was very emotional as what a difference the past year has been. Paul has lived the past year as a different person, much calmer and happier in life. I can't begin to explain to you how our lives have changed, from living in a house with a very aggressive, troubled man... to the happy carefree person he has become. I really do believe that Monty has helped Paul, and I thank you from the bottom of my heart for this, because no one else would."* ~ Paul's wife

Contact ele@ihhq.net for more information.

AUTISM AND HORSES

I am Charlie and I have Autism. I used to get upset and bullied and rejected by lots of people both in school and out in the community because I was different so I lost the will to live and gave up on learning.

Just as I thought all hope was gone **I met a Thoroughbred horse named Oscar who had a difficult start in life and who showed me that life is worth living after all.** He showed me my path ahead to help other people and horses who also have had hard lives as a Student Horse Whisperer with Dawn at Heartshore Stables. Now I'm using the methods of Horse Whisperer Monty Roberts to train my young Irish Sport Horse called Spirit Of Summer's Rain who helps me with my new mission to stand up tall to try to inspire others to try Natural Horsemanship even if they are disabled and to show those who are disabled what can be achieved when you focus on your interests and talents.

I am being supported by a wonderful charity called **The Autism Directory** Registered Charity number 1143855 to do volunteer work helping to train therapists and teachers to be more Autism friendly. I'm also starting to take my young horse to visit schools and riding centers demonstrating my friendship with her and telling our story. However it costs a lot to borrow a horse trailer each time and so the Autism Directory have set up an appeal to get me a horse trailer so Spirit and I can continue helping others see the gift of Autism.

I wondered if you would mind sharing the link below:
http://www.gofundme.com/CharliesTrailer?utm_campaign=Emails&utm_source=sendgrid.com&utm_medium=email

PS this is The Autism Directory's website: <http://www.theautismdirectory.com/>

I hope I'm not being a trouble. Charlie Avent

MONTY'S CHALLENGE

I read in the original Chicken Soup for the Soul book the story of the paper you wrote when you were young about following your dream. How could you write an article with so many details?

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Far fewer bad habits, that no one can mend

Don't be amazed by how quickly I can be taught

Surprised are only those who previously gave it little thought

Time to understand, you only have to ask

Given the right cues, I'll willingly accomplish any task

I came into this world, no choice of who to serve

Make my life a happy one, one I should deserve

In return I offer you one of life's greatest pleasures

To sit up on my noble back and use me for leisure

Yours,
The Horse

Now Playing on the Radio: Monty Roberts and Polo player Joel Baker



**Feel Good About the
Direction Horsemanship
Is Going!**

The Horsemanship Radio Show is an online radio show (podcast) dedicated to the exploration of good horsemanship throughout the world. Hosted by Debbie Loucks (Monty Roberts Daughter) the show includes segments, tips and interviews exploring good horsemanship.

Part of the Horse Radio Network.
<http://www.horsemanshipradio.com/>

Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

Special Offer for Monty Roberts' Fans!
First month FREE of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!

Sincerely,
Monty Roberts



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

CANADA'S RURAL TV



In Canada, Monty's Backstage Pass show airs Thursday & Saturday-10:30 AM, 4:30 PM, 11 PM (all times are EST) on television on The Rural Channel. More info as to where The Rural Channel is available: <http://theruralchannel.com/get-trc/>

If you have questions or need more info go to info@theruralchannel.com or reach out on any of their Social Media platforms: @TheRuralChannel <http://www.facebook.com/theruralchannel>

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV (Sky channel 280) in the UK and Ireland. See: <http://www.horseandcountry.tv/monty>

for more info.

Photo Credits

Christopher Dydyk