



August 21, 2013

Greetings!

What is your horse frightened of and is it useful or even OK to use the stimulus he is afraid of to get forward movement? See Monty's thoughts in his Question and Answer Column below.

QUESTION AND ANSWER

Question:

I noticed that sometimes you use plastic bags to desensitize a horse to accept the bags and yet sometimes you shake the bags to make the horse move around the pen. Isn't that confusing?

Monty's Answer:

Often this question comes regarding **my use of the plastic shopping bags on a stick to cause the horse to move over a tarpaulin on the ground**. The question is "Are you not giving the horse mixed messages? Isn't it true that you are saying that he should be frightened of the plastic on the one hand and on the other hand he shouldn't be frightened?" The answer is "No that is not true."

If done properly, **one uses the plastic bag on a stick simply as another stimulus**. At the conclusion of the exercise I will continue to use the plastic bags on a stick until the horse is completely comfortable with that procedure also. Using the plastic bags while the horse is frightened of them **falls into the psychological category of "distractibility"**.

If one was going to shake the bag at the horse anyway, **why not use the energy of his fear to interrupt an already established phobia**. There was a time when I didn't accept this either. But in the last 25 years or so I have come to learn a great deal about the use of distractibility in many forms. Perhaps more questions will come through regarding distractibility.

 [Forward to a Friend](#)

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

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Monty's Principles

Hi Mr Roberts,

I attended your clinic in August this year at Horse World, in the Sydney area, and wanted to thank you for such an inspirational week end.

I lost my mother, sister and then my father in the last 18 months and pretty much lost my drive. My husband talked me into going to your clinic, said I might enjoy it and to just go. To say I enjoyed it would be an understatement, I found myself visualizing myself with my horses and **it all just fell into place for me**. I have a young Quarter Horse that I wanted to have some one start for me as **I had lost the interest and was going to sell him** but after the weekend, well, lets just say I think he will be staying.

The other thing that bought a tear to my eye was the music that was playing during the break, my fathers favorite song was, Don't Fence Me In.

There was nothing over the weekend that left me thinking that there was any tricks to it etc, everything was and is believable, and if it wasn't then people are not listening and seeing.

Just so glad I got the chance to see for myself





Charlotte Bredahl-Baker shares her method of **walking into the pirouette** in this week's lesson on Monty's Equus Online University.

Current students log in here: www.montyrobersoniversity.com

Not a student yet? Click on: <http://montyrobersoniversity.com/sessions/new>

Join-Up Now!

Or go to www.montyrobersoniversity.com/about-the-uni

LATEST NEWS ON TRIPLE THREAT



Monty worked with TRIPLE THREAT in France. He's back on track, doing awesome. Here's the scoop:

TRIPLE THREAT ran the Prix Eugene Adam (Grand prix de Maisons-Lafitte) on July 21 and won by two lengths. André Fabre had 3 runners in the race and Triple Threat was the outsider (11-1). He came out of the stalls really good and the jockey let him relax at the back of the 9 runners until 300 metres from the finish, then he pulled him out and he flew past everybody! He won easily with his ears pricked! He ran with Monty's halter, which works like a Dually Halter, under his bridle, and we are all delighted and hope the filly will do the same when she runs!

All the best,
Alex, Jennifer, André, Flo.

WHERE IN THE WORLD IS MONTY?

A Night of Inspiration with Monty at Flag Is Up Farms in Solvang, California. Open to the public with limited space. To register, e-mail: admin@montyrobersoniversity.com or call 805-688-6288. USA

September 28 **Hadlow College**, Hadlow, Tonbridge, Kent UK

as I have spent a lot of years listening and doing what we have been told is right and I guess it's the old case of better late than never.

I sure hope you make it back here next year.

Thanking you for your time,

Kind regards
Birna Hjaltason

SUMMER READING

Some of Monty's most popular titles are now available in electronic format as eBooks. Click on the links below to find out more.

The Man Who Listens to Horses

iBooks:

<http://itunes.apple.com/us/book/id525238562>

Amazon http://www.amazon.com/The-Man-Who-Listens-to-Horses-ebook/dp/B0081LF5L4/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1338811659&sr=1-1

Amazon.co.uk:

http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20robersoniversity%20kindle

Monty's Life Lessons

Life Lessons: A Field Guide to Inspire Your Journey

<http://www.montyrobersoniversity.com/shop/books/life-lessons-from-the-man-who-listens-to-horses/>

I'm Shy Boy - Here's My Story

iBooks: <http://itunes.apple.com/us/book/im-shy-boy/id516293563?mt=11>

Amazon.co.uk: http://www.amazon.com/Im-Shy-Boy-ebook/dp/B007RRUJ32/ref=sr_1_4?s=digital-text&ie=UTF8&qid=1338811659&sr=1-4

Amazon:

http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20robersoniversity%20kindle

Little American Mustang

iBooks:

<http://itunes.apple.com/us/book/id520415926>

Amazon: http://www.amazon.com/Little-American-Mustang-ebook/dp/B007R5TGB0/ref=sr_1_11?s=digital-text&ie=UTF8&qid=1338811659&sr=1-11

Amazon.co.uk:

http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20robersoniversity%20kindle

From My Hands to Yours

Amazon: [http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?ie=UTF8&qid=1371506500&sr=8-](http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?ie=UTF8&qid=1371506500&sr=8-1&keywords=monty+robersoniversity+from+kindle)

[1&keywords=monty+robersoniversity+from+kindle](http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?ie=UTF8&qid=1371506500&sr=8-1&keywords=monty+robersoniversity+from+kindle)

September 30	Houghton Hall & Alpaca Centre New Manor Farm, Sawtry Way, Houghton, Cambs	UK
October 2	Bishop Burton College , Beverley, Hull	UK
October 4	Gleneagles EC , Gleneagles, Auchterarder, Perthshire	UK
October 6	Richmond EC , Breckenbrough Farm, Brough Park, Catterick, Richmond, North Yorkshire	UK
October 15	Helsinki International Horse Show , Next Generation Tour	Finland
October 17	South Staffordshire Collge , Robbaston Campus Penkridge, Staffordshire	UK
October 19	Myerscough College , St. Michael's Road, Bilsborrow, Preston, Lancashire	UK
October 25	Hartpury College , Hartpury, Gloucester,	UK
October 30	Crofton Manor EC , Titchfield Road, Stubbington, Fareham, Hampshire	UK
November 1	The Grange EC , Northlew Road, Okehampton, Devon	UK



For information about Monty's worldwide demos and the courses held at Monty's farm in California go to:
http://www.montyroberts.com/ab_about_monty_calendar/see-monty/

iBooks: <http://itunes.apple.com/us/book/from-my-hands-to-yours/id516287244?mt=11>
http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle

In the UK: http://www.amazon.co.uk/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1372797793&sr=1-1&keywords=from+my+hands+to+yours

Monty on HRTV



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Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

A LIFE-CHANGING EVENT WITH MONTY ROBERTS

Horse & Country, UK



Watch Monty Roberts on Horse & Country TV (Sky channel 280) in the UK and Ireland. See:

<http://www.horseandcountry.tv/monty>

for more info.

Monty's Challenge

Summer trail riding has been great this year except one aspect I hope you can help me with. My horse doesn't refuse to cross streams or water but he sure can JUMP them. How can I train him to just walk through the water instead of leaping it. Most places the water is no more than ankle deep. He doesn't seem afraid but sort of dainty about getting his feet wet. Another annoying development is that the other horses in our group are starting to do the same thing after us on the trail. Cheryl H.



CONNECT AMAZE REVITALIZE
 Join us for an evening of fun, food, and great conversation at *Flag Is Up Farms*

CANADA'S RURAL CHANNEL

a NIGHT of INSPIRATION



Canada's Rural Channel focuses on all things rural news. Many prominent equine clinicians can be seen weekly, including Monty Roberts. For more information about the Rural Channel go to: www.theruralchannel.com

Your party will be welcomed to beautiful Flag Is Up Farms to watch a truly life experience. Witness first-hand the powerful relationship of trust and communication between a horse and a human.

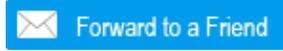
Photo Credits

Christopher Dvdvck

KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to askmonty@montyroberts.com.

Never miss an e-mail from Monty: To ensure you receive this email in the future, add askmonty@montyroberts.com to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,

Monty Roberts

