



# ASK MONTY

August 7, 2013

## Greetings!,

While today we have a reason to have a **PICNIC**, to celebrate the birthday of **MRILC Head Instructor Maya Horsey**, that is not the kind of PICNIC that we want to discuss here. So **what do horses have to do with PICNICS?** Find out in Monty's Question and Answer Column below!



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## Monty's Principles



Marty Irby, with a herd of young Tennessee Walkers

**Who Is Marty Irby?** Find out here: <http://www.twhbea.com/association/MartyIrbyBio.php>

Dear Marty,

A huge congratulation from our organization to you! Of course we will endorse [the Bill to amend the Horse Protection Act](#).

Needless to say there is huge feeling of pride in our hearts here for you and for your leadership. I will instruct Debbie to give the hardest endorsement possible and I invite you to stay in contact so that we can respond to whatever your requests to help wherever possible.

As you well know, we took a lot of criticism for involving ourselves with your wonderful breed of horses. I have found that those who would be

negative are very quick to respond, and are clear in their criticism. It has moved me to be most responsive to those I wish to congratulate rather than to pile on when it's time to criticize.

Best of luck to you and yours and our best wishes for massive success in the future and for the wonderful horses that you represent.

## QUESTION AND ANSWER

### Question:

My question is regarding a teaching technique. I am an archery instructor through USA Archery and am certified to teach instructors how to instruct. I have been doing this since 1995 so have a fair amount of experience with both instructors training as well as working with students. One thing we try to emphasize is avoidance of negative wording i.e. saying don't, no, never etc. Instead we tell our students what we want them to do. This avoids ambiguity and improves transfer of idea. just a thought.

### Monty's Answer:

Thank you for this question. If one studies the work of a renowned psychologist like Dr. William Miller, it will be evident that these gifted people constantly come up with unique procedures which improve communication with students or, in fact, anyone with whom you wish to exchange ideas. Dr. Miller is the first professor I heard use the term P.I.C.N.I.C.. Perhaps you have heard the term before and maybe even from me. **I believe in the message of P.I.C.N.I.C.**

Positive Instant Consequences and Negative Instant Consequences: **the definitive word here is instant.** I often say that while negative consequences are essential for the student to receive instantly after negative actions. More importantly however it is even more critical that the

student receives positive consequences instantly after expressing positive actions. It is my opinion that **the brain is far more open to learning in a positive environment.**

It seems to me that we are speaking on the same side of this issue. When working with horses I attempt at all times to be vigilant where positive actions are concerned. While I deal with negative actions instantly (with no violence) I watch closely for any positive action perceivable. Children, wives, husbands, people in the work place and horses are far more apt to perform at a high level when they are expressing positive behavior.

 [Forward to a Friend](#)

## THIS WEEK IN MONTY'S EQUUS ONLINE UNI



Charlotte Bredahl-Baker is sensitive and successful with the horses she trains for dressage. Watch her lesson on Monty's Equus Online University to learn how do lead changes from a Pro.

Current students log in here: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)  
Not a student yet? Click on: <http://montyrobertsuniversity.com/sessions/new>

**Join-Up Now!**

Or go to [www.montyrobertsuniversity.com/about-the-uni](http://www.montyrobertsuniversity.com/about-the-uni)

## WHERE IN THE WORLD IS MONTY?



### Monty in Australia this summer!

SYDNEY SEMINAR 17/18 August at the Horseworld Stadium Maraylay and PERTH SEMINAR 24/25 August at the State Equestrian Centre Brigadoon: <http://montyrobertslive.com/seminar-dates-tickets/>

**A Night of Inspiration with Monty at Flag Is Up Farms** in Solvang, California. Open to the public with limited space. To register, e-mail: [admin@montyroberts.com](mailto:admin@montyroberts.com) or call 805-688-6288.

September 28 **Hadlow College**, Hadlow, Tonbridge, Kent

September 30 **Houghton Hall & Alpaca Centre**  
New Manor Farm, Sawtry Way, Houghton, Cambs

Sincerely,  
Monty

## SUMMER READING

Some of Monty's most popular titles are now available in electronic format as eBooks. Click on the links below to find out more.

### The Man Who Listens to Horses

iBooks:

<http://itunes.apple.com/us/book/id525238562>  
Amazon [http://www.amazon.com/The-Man-Listens-Horses-ebook/dp/B0081LF5L4/ref=sr\\_1\\_1?s=digital-text&ie=UTF8&qid=1338811659&sr=1-1](http://www.amazon.com/The-Man-Listens-Horses-ebook/dp/B0081LF5L4/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1338811659&sr=1-1)

Amazon.co.uk:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### Monty's Life Lessons

Life Lessons: A Field Guide to Inspire Your Journey

<http://www.montyroberts.com/shop/books/life-lessons-from-the-man-who-listens-to-horses/>

### I'm Shy Boy - Here's My Story

iBooks: <http://itunes.apple.com/us/book/im-shy-boy/id516293563?mt=11>

Amazon.co.uk: [http://www.amazon.com/Im-Shy-Boy-ebook/dp/B007RRUJ32/ref=sr\\_1\\_4?s=digital-text&ie=UTF8&qid=1338811659&sr=1-4](http://www.amazon.com/Im-Shy-Boy-ebook/dp/B007RRUJ32/ref=sr_1_4?s=digital-text&ie=UTF8&qid=1338811659&sr=1-4)

Amazon:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### Little American Mustang

iBooks:

<http://itunes.apple.com/us/book/id520415926>

Amazon: [http://www.amazon.com/Little-American-Mustang-ebook/dp/B007R5TGB0/ref=sr\\_1\\_11?s=digital-text&ie=UTF8&qid=1338811659&sr=1-11](http://www.amazon.com/Little-American-Mustang-ebook/dp/B007R5TGB0/ref=sr_1_11?s=digital-text&ie=UTF8&qid=1338811659&sr=1-11)

Amazon.co.uk:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### From My Hands to Yours

Amazon: [http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr\\_1\\_1?ie=UTF8&qid=1371506500&sr=8-1&keywords=monty+roberts+from+kindle](http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?ie=UTF8&qid=1371506500&sr=8-1&keywords=monty+roberts+from+kindle)

iBooks: <http://itunes.apple.com/us/book/from-my-hands-to-yours/id516287244?mt=11>  
[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

In the UK: [http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr\\_1\\_1?s=digital-text&ie=UTF8&qid=1372797793&sr=1-1&keywords=from+my+hands+to+yours](http://www.amazon.com/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1372797793&sr=1-1&keywords=from+my+hands+to+yours)

October 2	<b>Bishop Burton College</b> , Beverley, Hull	UK
October 4	<b>Gleneagles EC</b> , Gleneagles, Auchterarder, Perthshire	UK
October 6	<b>Richmond EC</b> , Breckenbrough Farm, Brough Park, Catterick, Richmond, North Yorkshire	UK
October 15	<b>Helsinki International Horse Show</b> , Next Generation Tour	Finland
October 17	<b>South Staffordshire Collge</b> , Rodbaston Campus Penkridge, Staffordshire	UK
October 19	<b>Myerscough College</b> , St. Michael's Road, Bilsborrow, Preston, Lancashire	UK
October 25	<b>Hartpury College</b> , Hartpury, Gloucester,	UK
October 30	<b>Crofton Manor EC</b> , Titchfield Road, Stubbington, Fareham, Hampshire	UK
November 1	<b>The Grange EC</b> , Northlew Road, Okehampton, Devon	UK

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## MONTY'S CHALLENGE

How can I establish where the horse's balance point is in order to change his direction in the pen?

## CANADA'S RURAL CHANNEL

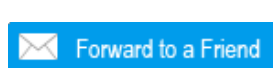


Canada's Rural Channel focuses on agricultural news. Many prominent equine clinicians can be seen weekly, including Monty Roberts. For more information about The Rural Channel go to: [www.theruralchannel.com](http://www.theruralchannel.com).

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**



## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV (Sky channel 280) in the UK and Ireland. See: <http://www.horseandcountry.tv/monty>

for more info.

## Photo Credits

**Christopher Dydyk**