



July 10, 2013

Greetings!,

Have you ridden a horse that feels asymmetrical or unbalanced when asked to flex to the inside? Monty discusses the possible causes in his question and answer column below.

## QUESTION AND ANSWER

### Question:

Hello Monty Roberts,  
At the moment I am training a three year old Quarter Horse. I do a lot of ground work for flexion and he takes it well. While riding **he is happy to bend to the right side** and he stays collected. **When I change to the left he starts fighting.** I tried to ride smaller circles with him but he still wants to put his head to the outside. I hope you can help me.

### Monty's Answer:

As I was reading this question my mind immediately went to **physical check-up**. I was certain that I would hear that your horse has been thoroughly checked out physically and found to be problem free. I did not hear that statement. Obviously, then, my first response would be to have your horse thoroughly vetted for pain due to malalignment or inflammation that would tend to approximate malalignment. **The symptoms you have described will very often be produced by pain.**

While it's true that I am not an ardent fan of hours of flex training, I am a fan of creating the flexible horse. I believe that certain trainers who would ask the horse to virtually touch the toe of their boot first to the right and then to the left, time after time, tend to produce a horse that resists flexion or tends to flex without following their head into the desired maneuver. I am not suggesting that I know that you have over flexed this horse. I just worry about it based on your words.

These procedures are definitely an art form and to decide what is too much and what is not enough has a lot to do with the trainer and the way he executes and the horse and the way he processes the trainers queues. It is a very difficult question to ask without seeing the action described but I would first clear the question of physical pain and then I would take a hard look at the training procedures to **be sure that you are encouraging the production of a happy horse willing to cooperate** with your hands and legs.

Another factor that one must consider is **the use of the rider's legs**. Are you relying upon all outside leg to bend to the left? If you are I suggest that you try a significant use of the inside leg which will tend to encourage the horses head to come toward that leg. Let us know more about how these elements are working for you.

 [Forward to a Friend](#)

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## Monty's Principles

### Horses Helping a Mother and Child

Dear Monty,

I have a friend who is struggling with her child. I have given her Monty's books to read and I can already see a difference in her behavior towards understanding her daughter. She comes out to my property with her daughter to ride the horses, and coming out has given her so much peace. She has opened up so much. She is much more relaxed and faces the world with a better attitude!

Her 6 year old daughter bonded with my 17 year old Thoroughbred... He goes out of his way to please this little girl, I am excited to start teaching her Join-Up to increase the bond she has with him! It was something to witness and it took everyone's breath away when it happened!

There is nothing in the world to describe what that is like. I am glad I can share what I know about horses and what I have learned through

Monty with people who need it in their lives! If I can bring a little peace to someone else... I think I am helping to make this world a better place, for horses and people!

THIS WEEK IN MONTY'S EQUUS ONLINE UNI

## THIS WEEK IN Equus-Online University



### TRAILER LOADING LESSON 4: LOVE TO LOAD

Learn how to cause your horse to love to load in the trailer in this week's video lesson on Equus Online University!

Current students log in here: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)

Not a student yet? Click on: <http://montyrobertsuniversity.com/sessions/new>

Join-Up Now!

Or go to [www.montyrobertsuniversity.com/about-the-uni](http://www.montyrobertsuniversity.com/about-the-uni)

## WHERE IN THE WORLD IS MONTY?



### Monty in Brazil in July:

<http://www.totalacesso.com/Event/Detail/459>

Contact: Simon Abate (11) 98751-0758 / (11) 2389-6798 / [siabate@hotmail.com](mailto:siabate@hotmail.com)

**Monty in California:** August 5-9 Monty's Special Training at Flag Is Up Farms. More info here: <http://www.join-up.org/education/>

### Monty in Australia this summer!

SYDNEY SEMINAR 17/18 August at the Horseworld Stadium Maraylya and PERTH SEMINAR 24/25 August at the State Equestrian Centre

Brigadoon: <http://montyrobertslive.com/seminar-dates-tickets/>

September 21	<b>A Night of Inspiration with Monty at Flag Is Up Farms</b> in Solvang, California. Open to the public with limited space. To register, e-mail: <a href="mailto:admin@montyroberts.com">admin@montyroberts.com</a> or call 805-688-6288.	USA
September 28	<b>Hadlow College</b> , Hadlow, Tonbridge, Kent	UK
September 30	<b>Houghton Hall &amp; Alpaca Centre</b> New Manor Farm, Sawtry Way, Houghton, Cambs	UK
October 2	<b>Bishop Burton College</b> , Beverley, Hull	UK
October 4	<b>Gleneagles EC</b> , Gleneagles, Auchterarder, Perthshire	UK
October 6	<b>Richmond EC</b> , Breckenbrough Farm, Brough Park, Catterick, Richmond, North Yorkshire	UK
October 15	<b>Helsinki International Horse Show</b> , Next Generation Tour	Finland
October 17	<b>South Staffordshire Collge</b> , Rodbaston Campus Penkridge, Staffordshire	UK
October 19	<b>Myerscough College</b> , St. Michael's Road, Bilsborrow, Preston, Lancashire	UK
October 25	<b>Hartpury College</b> , Hartpury, Gloucester,	UK
October 30	<b>Crofton Manor EC</b> , Titchfield Road, Stubbington, Fareham, Hampshire	UK
November 1	<b>The Grange EC</b> , Northlew Road, Okehampton, Devon	UK

## SUMMER READING

Some of Monty's most popular titles are now available in electronic format as eBooks. Click on the links below to find out more.

### The Man Who Listens to Horses

iBooks:

<http://itunes.apple.com/us/book/id525238562>

Amazon [http://www.amazon.com/The-Man-Listens-Horses-ebook/dp/B0081LF5L4/ref=sr\\_1\\_1?s=digital-text&ie=UTF8&qid=1338811659&sr=1-1](http://www.amazon.com/The-Man-Listens-Horses-ebook/dp/B0081LF5L4/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1338811659&sr=1-1)

Amazon.co.uk:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### Monty's Life Lessons

Life Lessons: A Field Guide to Inspire Your Journey

<http://www.montyroberts.com/shop/books/life-lessons-from-the-man-who-listens-to-horses/>

### I'm Shy Boy - Here's My Story

iBooks: <http://itunes.apple.com/us/book/im-shy-boy/id516293563?mt=11>

Amazon.co.uk: [http://www.amazon.com/Im-Shy-Boy-ebook/dp/B007RRUJ32/ref=sr\\_1\\_4?s=digital-text&ie=UTF8&qid=1338811659&sr=1-4](http://www.amazon.com/Im-Shy-Boy-ebook/dp/B007RRUJ32/ref=sr_1_4?s=digital-text&ie=UTF8&qid=1338811659&sr=1-4)

Amazon:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### Little American Mustang

iBooks:

<http://itunes.apple.com/us/book/id520415926>

Amazon: [http://www.amazon.com/Little-American-Mustang-ebook/dp/B007R5TGB0/ref=sr\\_1\\_11?s=digital-text&ie=UTF8&qid=1338811659&sr=1-11](http://www.amazon.com/Little-American-Mustang-ebook/dp/B007R5TGB0/ref=sr_1_11?s=digital-text&ie=UTF8&qid=1338811659&sr=1-11)

Amazon.co.uk:

[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

### From My Hands to Yours

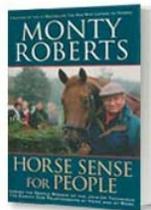
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iBooks: <http://itunes.apple.com/us/book/from-my-hands-to-yours/id516287244?mt=11>  
[http://www.amazon.co.uk/s/ref=nb\\_sb\\_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle](http://www.amazon.co.uk/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=monty%20roberts%20kindle)

In the UK: [http://www.amazon.co.uk/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr\\_1\\_1?s=digital-text&ie=UTF8&qid=1372797793&sr=1-1&keywords=from+my+hands+to+yours](http://www.amazon.co.uk/From-My-Hands-Yours-ebook/dp/B00D5UIVHG/ref=sr_1_1?s=digital-text&ie=UTF8&qid=1372797793&sr=1-1&keywords=from+my+hands+to+yours)

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## JOIN-UP AT THE WORKPLACE



Recently, we received an interesting request for information. The sender, a human resources professional, saw a correlation between what Monty does in the round pen with horses to inspire trust and motivation and how it can impact the workplace. Read the full account here:

<http://www.montyroberts.com/?p=2597>

## ACTHA SPECIALS

Monty Roberts has joined the ACTHA community and is willing to provide you a FREE 30 day access to his amazing Equus Online University. That's right 30 days FREE and no CC or commitment for you required. See more at:

<http://www.montyroberts.com/contacts/actha-promotion/>

## FOLLOW MONTY'S WILLING PARTNERS ON FACEBOOK!



Monty's Willing Partners program began in 2005. We love the challenge of producing these wonderful horses. In addition we meet fantastic people and generate relationships globally that have stood the test of time. Feel free to come and see our horses.

[www.facebook.com/MontyRobertsWillingPartnersHorses](http://www.facebook.com/MontyRobertsWillingPartnersHorses)

## Monty on HRTV



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when you subscribe now! Just use the **promo code MR13** when you sign up!



Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>

## CANADA'S RURAL CHANNEL



Canada's Rural Channel focuses on agricultural news. Many prominent equine clinicians can be seen weekly, including Monty Roberts. For more information about The Rural Channel go to: [www.theruralchannel.com](http://www.theruralchannel.com).

## MONTY'S CHALLENGE

I would like to submit a question about my 2 year old filly. I have spent a considerable amount of time on the ground with my 2year old filly since she was born. For the most part she has always been respectful. I usually go out to the pasture and rub down her and her pasture mate and check them for woodticks on a daily basis and out of the blue while I was just standing and looking at them both, she turned her hind end towards me, which I know means lack of respect in the horse language.

I pushed her butt away from me and stood in front of her. And she did it again. And I responded by pushing her away and standing in front of her again, and then I left the pasture. My question is: What is my best response to do when she does turn her hind end towards me? She had no intentions of kicking. Was she jealous of the other horse? If you could answer this question for me, I would be appreciate it very much.

## Horse & Country, UK



Watch Monty Roberts on Horse & Country TV (Sky channel 280) in the UK and Ireland. See:

<http://www.horseandcountry.tv/monty>

for more info.

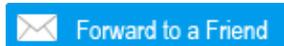
## Photo Credits

Christopher Dydyk

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,

Monty Roberts

