



# ASK MONTY

May 15, 2013

## Greetings!



'What's there to celebrate,' you say. Well, for starters, the Uni is at 250 video lessons and growing (weekly). Plus, can you believe Monty turned **78 years young** yesterday? So what's his secret? Perhaps it's that he lives in the round pen and dashes around with cake...but never eats it!

## Happy 78th Birthday Monty!



Monty Roberts Instructors  
www.MRLC.de

## IN THIS ISSUE

[Question and Answer](#)

[Equus Online Uni](#)

[Where Is Monty?](#)

[Catch a Copyeditor](#)

[Spread the Word](#)

[Win a Ride with Monty!](#)

[Monty's Challenge](#)

## Monty's Principles

### The Healing Power of Horses

My name is Linda Kynoch. I am so happy, so excited to find you and your program Horses 4 Vets/Join Up. I live in Northern California, north of San Francisco. My dream for the past 8 years, is to start a program in my area like yours. I'm so excited to find your program that I am having difficulty composing this email. Are you wishing to grow your program to more locations? Can you teach me? I would be extremely interested in traveling to be a participant in your program.

Okay, I have to say it so that you know who I am, **I am a Gold Star Mother**. It is still difficult to tell my story, but when I ride horses it makes it so much easier for me. **My son was killed in Iraq in 2005** and I have been struggling with PTSD and grief for this time. Some folks took me under their wing for the first 2 years and I began trail riding which helped me learn to cope. I find myself very depressed until I'm around the horses, even if it's shoveling, it doesn't matter to me as long as **I am around horses, that is the place I feel most at home, at peace, and alive** so I know the gift of horses.

How can I become involved in your program? I am so grateful to you for

## QUESTION AND ANSWER

### Question:

I've been reading into your techniques this evening, trying to find an answer on **how to connect with a mare I just started riding**. But the horses on the films are much "wilder than she is". My problem is not an untamed horse, rather a calm, but introvert little woman.

History: She's a dressage horse, about 14 years. She has not been ridden since spring, due to a "short staff" this last year, but she is actually a very good dressage horse, bred and trained by

an acknowledge dressage rider. She is used to be around horses, dogs and people, but went for many years without "her own person". She is quiet. does not do any "nasty" tricks. does

whatever you want her to do in the stall (cleaning hooves she almost gives me the hoof) - perfect in that sense, really.

What I am contacting you for, is that **she's very hard to make contact with, in a personal way**. Maybe she's introvert, and will always stay this way, but I think it's sad. I've only had her for a week now, but I've never met a horse who I really feel don't care about the company I can offer. She seems neither happy or annoyed with me. Today I stood outside her stall to give her a treat, she wanted it and really stretched her neck after it, but didn't bother to take a step forward to take the treat from my hand. I thought that was a bit weird. What I do and what I think I do wrong - but don't know how wrong/relevant or how to avoid or solve...

1. The horses are brought in to the stables after paddock in afternoon - all horses at once (we open the gates from the paddock and they trot into their own boxes, receiving hay when they arrive). I groom her almost immediately after she's entered her box. - What I think might be wrong: this might be annoying - and she'd like to eat some hay in piece before I annoy her. (But as I finish work and arrive at the stables at this time, and need to get home to my family before late evening, I don't know if I can change this routine...)

2. I groom her for at least 30 min, talk calmly to her, let her remove her head if she wants when grooming her head. - What I think might be wrong: I've learned that head grooming should be postponed for as long as possible - but I feel I need to groom it before taking the bridle on. Then again, onwards to next question - which may lead me into even waiting with having to put on the bridle:

3. I started riding her the first day I met her (...) but I am calm and quiet with her here too, and give her sensitive cues. Not training at all yet, just riding at the fields, only walking (sometimes she starts trotting a bit in a quiet dressage way). - what I think might be wrong: I should have connected with her in the stable first for some days, maybe more?

In general I've tried to give her space, not just rushing into her life and demanding things. I've been quiet with her. Give her some treats now and then. But I am starting to think that this introvert little, perfect woman, needs more than just riding and time to like her rider. I would love to get some tips on how to continue with her. Eventually I would love to ride dressage and some show jumping with her - I've seen videos of what she can do, and it's amazing - but if she's not happy with our team, I won't be either...

**Monty's Answer:**

If you've only had this mare for one week I would not be all that concerned about the behavior you've outlined. Please **do not feed from the hand**. Food is not a trophy for the horse as no blade of grass has ever run from them. Feeding from the hand will cost you and not help you. Create the environment for Join-Up. **Be innovative**. It is not difficult to create this environment. This mare may simply be well trained and obedient.

Sometimes this type of training tends to create a bit of a vegetable. One can awaken those elements in their personality to appreciate the given human being who sets up the partnership with Equus, their communication system. My [Equus Online University](#) will bring you hundreds of ways to create this avenue of partnership. The rubbing and walking away will get it started. Continue to be concerned but don't panic. The use of my concepts will win out in the end.

[Forward to a Friend](#)

**THIS WEEK IN MONTY'S EQUUS ONLINE UNI**



providing this program. Thank you for your time.

Linda Kynoch, Proud Gold Star Mother of Cpl Joshua Kynoch  
US ARMY - 3rd ID B 2-7 OIF/OEF, KIA - 01 OCT 2005 - Bayji, Iraq

INFORMATION ABOUT MONTY'S PROGRAMS FOR VETERANS:  
[www.join-up.org/veterans/](http://www.join-up.org/veterans/)

**Winning Prize: Ride With Monty**

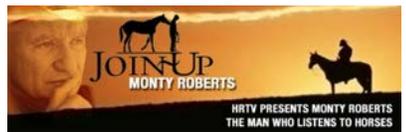
Here is an exceptional opportunity for those of you in the USA! By becoming a member of ACTHA you have a chance to **win an all-expense paid trip, airfare included, to Monty's farm** and the opportunity to saddle up with Monty. Winners will be whisked away to California and will be treated to an equine experience they will never forget! Register with ACTHA to enter this incredible prize drawing:  
[www.actha.us/register](http://www.actha.us/register)



Download the flyer here:  
<http://www.montyroberts.com/wp-content/uploads/2013/04/saddle-up-with-Monty.pdf>

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**Monty on HRTV**



Watch Monty on HRTV Tuesdays at 6:00 PM ET.

**Special Offer** for Monty Roberts' Fans! **First month FREE** of HRTV.com when

you subscribe now! Just use the **promo code MR13** when you sign up!

Please check local TV directories for your time and channel or the HRTV website where times are in Eastern Standard Time:

<http://www.hrtv.com/MontyRobertsShow/>



How does Steffen Peters create a partnership through harmony with the horses he rides? Find out in this week's video lesson, which happens to be **the 250th lesson on Equus Online University!**

Current students log in here: [www.montyrobertsuniversity.com](http://www.montyrobertsuniversity.com)

Not a student yet? Click on: <http://montyrobertsuniversity.com/sessions/new>

**Join-Up Now!**

Or go to [www.montyrobertsuniversity.com/about-the-university](http://www.montyrobertsuniversity.com/about-the-university)

## WHERE IN THE WORLD IS MONTY?



**May 18, 2013: A Night of Inspiration with Monty** at Flag Is Up Farms in Solvang California. Open to the public with limited space. More info at [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/night-of-inspiration/](http://www.montyroberts.com/ab_about_monty_calendar/night-of-inspiration/). Contact [admin@montyroberts.com](mailto:admin@montyroberts.com) or +1 805 688 6288 between 9 am and 5 pm Pacific Standard Time. **SOLD OUT! Now booking for Saturday September 21, 2013**

**Monty in Australia this summer:** Presale Announcements for Sydney and Perth will happen on May 17. Watch on

[www.MontyRoberts.com](http://www.MontyRoberts.com) and [www.Facebook.com/MontyRoberts](http://www.Facebook.com/MontyRoberts)

**Monty in Brazil in July:** [Click here!](#)

**Coming Soon: New Summer Dates to See Monty!**

Inspired Retreats with Monty! Write to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com)

[Click here](#) to read more:

[http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/inspired-retreats-professional-development-training/](http://www.montyroberts.com/ab_about_monty_calendar/inspired-retreats-professional-development-training/)

For information about Monty's worldwide demos and the courses held at Monty's farm in California go to: [http://www.montyroberts.com/ab\\_about\\_monty\\_calendar/see-monty/](http://www.montyroberts.com/ab_about_monty_calendar/see-monty/)

## Horse & Country in the UK



Watch Monty Roberts on Horse & Country TV (Sky channel 280) in the UK and Ireland. See:

<http://www.horseandcountry.tv/monty>

for more info.

## Monty's Challenge

Hi Mr Roberts.

I've recently become the proud owner of a 10 year old saddler mare (registered with the South African Saddler Association). I live in an area of South Africa where showjumping and dressage are the only "acceptable" equine activities. My daughter has started jumping our horse and she seems to have taken to it like a duck to water, but everyone says a saddler can't make it as a serious jumper. Is this true or just prejudice of people who think if a horse is not a Warmblood it's not a horse?

Kind wishes, Desiree

## Photo Credits

Christopher Dydyk

MRIIC.de Instructors

Dan Quinajon

Marl van der Toorn



A **NEW** edition of [From My Hands to Yours](#) is coming in 2013! We're adding new sections for an Edition 3. Would you help us correct any errors or typos you may have caught in Edition 2 please. Write your details to [debbie@montyroberts.com](mailto:debbie@montyroberts.com)



please. Write your details to [debbie@montyroberts.com](mailto:debbie@montyroberts.com)  
(Mistakes are opportunities to learn. - Monty Roberts)

## KEEP IN TOUCH

Let us know what you are looking for in content from these emails. Send your comments and requests to [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com).

Never miss an e-mail from Monty: To ensure you receive this email in the future, add [askmonty@montyroberts.com](mailto:askmonty@montyroberts.com) to your list of approved senders or select the Add/Save to Address Book function in your email browser and follow the appropriate instructions.



Sincerely,  
**Monty Roberts**

